

School Health Profiles 2014 West Virginia Rankings



West Virginia middle schools and high schools ranked highest in the nation on these important indicators!

School Health Education Requirements and Content

- 100.0% taught students about nutrition, dietary behavior, physical activity, and fitness
- 100.0% taught students how HIV and other STDs are transmitted and the health consequences of HIV, other STDs, and pregnancy
- 99.4% taught students about tobacco-use prevention
- 98.3% required health education instruction
- 98.2% had a health education curriculum that addressed practicing health enhancing behaviors to avoid or reduce risks
- 97.7% had a health education curriculum that addressed comprehending concepts related to health promotion and disease prevention to enhance health
- 96.5% taught students about injury prevention and safety
- 95.5% taught students about infectious disease prevention
- 90.1% taught students about diabetes
- 87.5% taught students about food allergies
- 83.7% taught all 13 recommended physical activity topics
- 79.4% taught all 20 recommended nutrition and dietary behavior topics
- 77.0% taught students about asthma
- 71.6% taught all 18 tobacco-use prevention topics

School Health Coordination

- 95.8% had health education teachers on their school health council
- 38.0% had technology staff on their school health council

Physical Education and Physical Activity

- 100.0% taught a required physical education course in Grades 6, 7, and 8
- 99.5% provided goals, objectives, and expected outcomes for physical education to health education teachers
- 71.9% prohibit staff from excluding students from physical education or physical activity to punish them for bad behavior or failure to complete class work in another class

The School Health Profiles assesses school health policies and practices in 48 states related to

- School health education requirements and content
- Physical education and physical activity
- Practices related to bullying and sexual harassment
- School health policies related to tobacco-use prevention and nutrition
- School-based health services
- Family engagement and community involvement
- School health coordination

School Health Policies Related to Tobacco-Use Prevention

- 72.4% provided tobacco cessation services for students
- 44.3% provided tobacco cessation services for faculty and staff

School Health Policies Related to Nutrition

- 98.9% offered a free source of drinking water for students in the cafeteria during lunch
- 98.4% offered a free source of drinking water for students in the cafeteria during breakfast
- 72.2% prohibited staff from giving students food or food coupons as a reward for good behavior or good academic performance
- 64.4% prohibited less nutritious foods and beverages from being sold for fundraising purposes

West Virginia middle schools and high schools ranked lowest in the nation on these important indicators!

School Health Policies Related to Nutrition

- 0.0% allowed students to purchase energy drinks from a school vending machine, store, canteen, or snack bar
- 0.6% allowed students to purchase ice cream or frozen yogurt from a school vending machine, store, canteen, or snack bar
- 3.4% allowed students to purchase water ices or frozen slushes that do not contain juice from a school vending machine, store, canteen, or snack bar

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