

# **Governor's School for Tourism**

## **Packing Details**

It is important to have all items listed below are packed to ensure your child has a comfortable and safe trip.

### **Laundry During Trip:**

There will be no laundry facilities available during the trip. Please plan accordingly with clean clothes for the full 10 days of travel along with extra shirts/pants in case they are needed.

### **Luggage Details at GST:**

Students will need to handle all their own bags themselves every day, there will not be bag handlers at any point. We highly recommend that students do not bring more bags than they can reasonably handle, and we are recommending that students limit themselves to 2 large bags. We will be providing free swag backpacks for students, so bringing a day pack is not necessary as we are providing what we will want them to use daily. The luggage bags that the student uses can be whatever you have - be it duffel or rolling style. We encourage parents to affix luggage tags to the bags to help identify them in transit. Students will be responsible for loading/unloading their luggage to and from the charter bus and lodging accommodations every day.

### **Lost Items:**

Students will be responsible for checking their rooms thoroughly and not leaving items behind at any location. This is a tour, and we will not be going back if an item is left behind! If something is left behind of value to the student, we will make our best effort to see if someone at the previous location is willing and able to ship it home at the parents' expense, but this is not anything that we can guarantee.

### **Weather Concerns:**

Temperatures may swing from low 50's to high 90's during GST. While students will be participating in a mix of environments throughout the day from air-conditioned buses and businesses to being active outdoors in the elements, it is important for students to pack a range of layers that will allow them to adjust with the changing climate. While basic bedding will be provided in the glamping tents, the ambient night air will likely be much cooler than when staying in hotel accommodations. Having warm pajamas or sleeping attire may help your child have a comfortable night's rest.

### **Cell Phones at GST:**

We do recommend that your child brings their cell phone/charger if they have access to one. There will be times when students are allowed to use cell phones, such as during bus rides, established times for calling home (vary based on daily schedule), during guided and proctored times where they may be asked to capture content such as photos or short video clips for the purpose of group activities, and in their rooms.

**Other Electronics and Valuables at GST:**

Additional electronic devices are discouraged as they may accidentally be lost or stolen. We do not require additional electronic devices, and GST is not responsible for any lost or stolen devices. Students must maintain responsibility for the items that they bring. A smart phone will provide ample electronic entertainment if wanted during the bus rides. Headphones are recommended if your child wants to play music or engage with entertainment on a cell phone. We discourage sending small sentimental or valuable items such as jewelry, collectables, or other items that are important to you or your child and could easily be lost.

**Bringing Cash/money to GST:**

We are recommending that, if possible, each student bring \$20.00 (and no more than \$100) to be able to purchase a keepsake on the trip. GST is not responsible for any lost monies, nor will GST staff manage students' funds.

**Bringing Food & Beverages to GST:**

For the sake of allergies, cleanliness, and animal-protection while Glamping, please do not send your child with any supplemental food or drink. GST will provide 3 meals and multiple opportunities for snacks and water during the day.

**Clothing Specifics:**

Most days it is just important for the students to be comfortable but we ask that the following guidelines are followed. If you have any specific questions about this, please reach out to Co-Directors via phone or email.

- No inappropriate messaging on t-shirts or clothing, including anything that may be offensive, divisive, political, or otherwise inappropriate
- No inappropriately short, revealing, or provocative clothing. At minimum: no bare midriffs, low-cut shirts, shirts with sides cut out. When standing up, the shirt must touch the top of the pants, skirt, or shorts. Skirts and shorts must completely cover the student's buttocks.
- Please identify 1-2 outfits that are "business-casual" or "Sunday dress" attire. We do not want students to have to purchase anything specific for GST, so please pick what is most appropriate from what you currently own.

- If you may be participating in the horse riding, you will need long pants and closed toe shoes to participate

#### **GST Provided Items:**

We hate to spoil the fun surprise, but we will be providing all GST students with a backpack, water bottle, and lightweight rain poncho. Therefore, these items are not listed on the packing list and do not need to be provided.

#### **OTHER:**

Please don't forget to leave behind all snacks, label your belongings, and bring excitement and a sense of adventure!

## **Packing List**

#### **SLEEPING**

- Bed XL twin sheets, a blanket and a pillow as this will be needed at Marshall University.
  - The blanket and pillow may be used during the bus rides, but the XL twin sheets should remain packed until we check in at the dorms at Marshall University.

#### **DAILY ESSENTIALS**

- Backpack (provided)
- Sunscreen
- Hat
- Water bottle (provided)

#### **CLOTHING**

- 11-12 pairs of socks (1 for each day + 1-2 extra pairs)
- 11-12 pairs of underwear (1 for each day + 1-2 extra pairs)
- Personal undergarments as needed (bras, etc)
- 2 Pajamas or sleeping clothes; 1 warmer set
- 6-8 bottoms - any combination of shorts, skirts & casual long pants (skirts cannot be worn on activities like zip lining, so be sure to bring at least some pants/shorts)

- 6-8 short sleeve shirts/tshirts
- 1-2 long-sleeved shirts to wear at cooler times or to layer on
- 1 sweatshirt or light jacket for your warm layer
- 1-2 nicer outfits (“Sunday clothes”, business-casual outfit to wear to finer establishments) & 1 pair shoes to wear with this
- 2 pairs of casual and comfortable shoes to be on your feet all day. \*Of these, 1 pair must be CLOSED TOED with a back for adventure activities like hiking and zip lining.
- Appropriate Swimwear
- We will have multiple opportunities to swim in hotel pools and other activities like the lake at ACE Adventure, the New River during the rafting trip, and at Stonewall Jackson State Park.
  - IF you selected Rafting for your #1 NRG activity choice, you must have secured footwear that can get wet (old sneakers or sandals with toe and heel straps)
- Rain poncho (provided)

## **PERSONAL ITEMS**

- Required medications (in a separate ziploc bag to give to the GST nurse at check in)
- Glasses or Contacts
  - If you wear glasses, please also bring glasses retainers (like Chums) to keep glasses from falling off on adventure activities
- Headlamp or flashlight
- Sunglasses (optional)
- Cell phone & wall charger (optional)
- Battery pack for electronic devices / phone (optional)

## **OTHER**

- Luggage/bags to pack everything \*Please limit to 2 large bags/luggage  
Luggage tags
- Bag for dirty clothes to be kept separate in luggage
- Bags for dirty shoes in luggage (plastic grocery bags work great!)