

IDEA Transition Services Examples



Individuals with Disabilities Education Act (IDEA) defines transition as a coordinated set of activities for a child with a disability that:

1. Is designed to be within a results-oriented process, that is focused on improving the academic and functional achievement of the child with a disability to facilitate the child's movement from school to post-school activities, including postsecondary education, vocational education, integrated employment (including supported employment), continuing and adult education, adult services, independent living, or community participation; and
2. Is based on the individual child's needs, taking into account the child's strengths, preferences, and interests; and includes:
 - a. Instruction;
 - b. Related services;
 - c. Community experiences;
 - d. The development of employment and other post-school adult living objectives; and
 - e. If appropriate, acquisition of daily living skills and provision of a functional vocational evaluation.

Pre-Employment Transition Services (Pre-ETS) are mandated under the Workforce Innovation and Opportunity Act (WIOA) of 2014. WIOA defines five Pre-ETS that are delivered and paid for by vocational rehabilitation agencies as a specific set of activities that include:

1. Job Exploration Counseling
2. Postsecondary Education Counseling
3. Instruction in Self-Advocacy
4. Workplace Readiness Training
5. Work-Based Learning

Pre-ETS delivered by West Virginia Department of Rehabilitation Services (WVDRS) are designed to build on (not replace) the secondary transition services already occurring within the local educational agency (LEA). Delivery of transition services and Pre-ETS should be planned and delivered in collaboration between the LEA and WVDRS. [34 CFR § 300.43; WV 126CSR16 5.2.F (WV Policy 2419); WIOA section 113; 34 CFR § 361.48(a)]

Secondary transition services delivered by LEAs are based on individual student interests as documented by the results of transition assessments. For information on these assessments, see the Secondary Transition Assessment Resource Bank located on the [West Virginia Guideposts to Graduation website](#).

The activities listed in this document have been provided as examples of secondary transition services that local schools could deliver in the areas of education/training, employment, and independent living. This is not an exhaustive list and all secondary transition activities delivered by school staff should be provided in accordance with IDEA regulations.

Education and Training Activities

Self-Exploration

- Give a test to see how students learn best.
- Teach students about their learning style.
- Administer a study skills test and pick one strategy to practice.
- Give a test about planning and thinking skills and discuss the results.

Skills Development

- Teach students how to stay organized (for example: notebooks with tabs, folders, color coding, daily planners, or digital calendars).
- Teach study skills (for example: using notecards, breaking information into smaller parts, or using charts and organizers).
- Instruct students about the requirements for programs after high school (for example: college or technical school programs).
- Teach students about graduation requirements (for example: check school rules, transcripts, or (PEP) Personalized Education Plan).
- Teach students why they may need accommodations and how to use them (for example: review their IEP, discuss accommodations that are working).
- Assist students to lead their own IEP meeting and share their transition plan.

After High School

- Help students explore Career Technical Education (CTE) programs at school.
- Explore and discuss college admission rules.
- Take students on tours of programs that match their interests.
- Visit technical training programs.
- Provide opportunities for students to try courses of study that match their interests.

Employment Activities

Career Exploration – Planning

- Have students explore jobs they are interested in (online or in person).
- Give students a test to see what jobs they like (for example: CFWV, Pathways).
- Review and discuss the students' test results.
- Explore different jobs that match the students' interests.

Career Exploration – Activities

- Instruct students on how to ask questions about a job (informational interview).
- Have students talk to an employer about their work.
- Visit businesses that the students are interested in.
- Provide time for students to watch someone work to learn about jobs (job shadowing).
- Assist students to find paid or unpaid work experiences in high school.

Learning Job Skills

- Help students join a career club (for example: (FBLA) Future Business Leaders of America).
- Explore career paths the students are interested in.
- Develop a resume.
- Teach students to meet deadlines (for example: finish homework on time and get to class on time).
- Discuss and practice with students on how to talk and write clearly with others.
- Give opportunities for students to participate in mock interviews with or without an employer.
- Assist students in making a work portfolio that shows their skills and experiences.
- Provide students chances to work at school (for example: secretary, custodian, cook, or teacher).

Developing Career Skills

- Assist students to receive Pre-Employment Transition Services (Pre-ETS) through the WVDRS.

Independent Living Activities

Community

- Visit places in the community.
- Visit the library and get a card.
- Learn how to prepare food (e.g., follow a recipe, and read labels).
- Instruct students on how to ride the bus or train.
- Practice ordering food at restaurants.
- Teach students how to cross streets safely.
- Have students volunteer and help in the community (recycle, help animals, help at a food pantry).

Financial Literacy

- Practice online banking.
- Open a bank account.
- Teach how to use a debit card.
- Explore how to save money and keep track of it.

Personal Life Skills

- Learn how to use small machines (e.g., toaster, can opener).
- Teach students how to do laundry.
- Instruct students about hygiene (e.g., brush teeth, wash hands).
- Learn to tell time on different types of clocks.
- Assist students to get a driver's license or a state ID.
- Use a schedule to do tasks on your own (planner, calendar, write on a board, or put notes on a phone).

Health and Safety

- Practice and learn emergency numbers (911, ambulance, fire, family, helpers).
- Learn personal information (address, phone number, Social Security number).
- Provide instruction on how to keep information safe online.