**West Virginia Body Safety, Education, & Empowerment Sample Lesson**

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| **Grade level:** 3-5 |
| **Title of Lesson:**Be Safe, Be Educated, Be Empowered Review   |
| **Summary:**The “Bee” Catcher lesson provides an overview of being safe, educated, and empowered.  |
| **WV CCR Student Success Standards**  DSS.3-5.5  *Protect Emotional and Physical Safety* * Express needs, wants, and feelings appropriately.
* Describe how situations such as teasing, bullying, harassment, breaking rules, threats, intimidation, and damaging others property impact emotional safety.
* Exhibit respect for physical boundaries, rights, and personal privacy in relation to personal safety.
* Demonstrate knowledge of emergency contact information (e.g., emergency [police, fire,

           medical, 911], and family phone numbers, addresses, contact names).  |
| **WV CCR Wellness Education Standards**  WE.3.9Demonstrate decision-making skills to avoid unhealthy risk-taking behaviors (eg., swimming along, talking with strangers, taking medicines without adult supervision).WE.3.13Demonstrate appropriate refusal skills (e.g. clear “no” statement, walk away, repeat refusal).  |
| **Students will know and understand:** * Setting and maintaining boundaries is important, including effective ways to refuse touch even if it’s safe.
* Effective communication skills are a critical component of healthy relationships.
* The importance of respecting when someone says no.
* They have the ability to say no.
* Touch and physical affection are never a secret.
* The importance of making healthy online choices.
* To always ask a trusted adult first (e.g. sharing pictures online, going places with someone...)
* Effective and safe ways to take action when someone else is being mistreated, harassed, abused, or exploited.
* You have the power to be responsible for your own safety and “trust your gut.”
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| **Students will be able to do:** * Be Safe
* Be Educated
* Be Empowered
* Review and identify trusted adults (your hive).
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| **Materials & Resources:** [Video](https://www.youtube.com/watch?v=6PRdF3q5qIo) [Bee Catcher](https://wvde.us/wp-content/uploads/2019/06/Bee-Catcherv3472.pdf) |
| **Learning Plan:** Watch the summary video Create the Bee Catcher with students.  Allow partners to use their bee catcher and discuss safety together.    |
| **Checking for Understanding:**  Observe students during their collaboration with bee catcher.  Listen to student responses to be sure that they are providing correct answers to the questions on the bee catcher.     |
| **Accommodations:**   Follow all accommodations and modifications required by the student’s IEP, 504 Plans, and SAT.    |
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