

**CLUSTER**  
**COURSE**  
**WVEIS CODE**

**Human Services**  
**Parenting and Strong Families**

**0903**

**COURSE DESCRIPTION**

This course is designed to help students evaluate readiness for parenting while examining appropriate Parenting and Strong Families practices. Students will develop an awareness of societal issues affecting families and explore support systems. Students will use reasoning processes, individually and collaboratively, to take responsible action in families, workplaces, and communities. Students utilize problem-solving techniques and participate in hands-on activities to develop an understanding of course concepts. Teachers should provide each student with real world learning opportunities and instruction. Students are encouraged to become active members of the student organization FCCLA. The West Virginia Standards for Global 21 Learning include the following components: Global 21 Content, Literacy and Numeracy, Entrepreneurship, and Technology Standards. All West Virginia teachers are responsible for classroom instruction that integrates learning skills, technology tools, and content standards and objectives.

**SKILL SETS**

- Quality Parenting Environments
- Relationship Readiness and Enrichment
- Emotional and Physical Effects of Parenthood
- Developmental Milestone Preparedness
- Family Resource Identification and Assessment

**Parenting and Strong Families**

**WVEIS 0903**

Skill Set	Quality Parenting Environments	
<i>Knowledge Objectives</i>	<i>Students will demonstrate knowledge of</i>	
0903.1	• parenting roles.	
	• family structures.	
	• parenting styles.	
	• positive parenting practices.	
	• external influences on family.	
	• problem resolution.	
<i>Performance Objectives</i>	<i>Students will</i>	<i>Skill Set Met</i>
0903.2	examine roles and responsibilities relating to positive parenting practices.	
0903.3	• examine family structures.	
0903.4	develop and implement long and short term goals for • fulfilling the roles of parenting.	

0903.5	identify critical thinking, practical reasoning and problem solving skills useful to parents and families • in resolving practical problems.	
0903.6	compare the differences between guidance, discipline • and punishment.	
0903.7	evaluate the types, causes and effects of child abuse • and neglect.	
0903.8	assess the importance of setting developmentally • appropriate expectations.	
0903.9	analyze outcomes of parenting practices for children, • families and society.	
0903.10	• separation and loss.	
0903.11	• discuss conflict resolution techniques.	
0903.12	• children and parents.	
0903.13	• children and parents.	
0903.14	• philosophies and practices.	
<b>Skill Set</b>	<b>Relationship Readiness and Enrichment</b>	
<i>Knowledge Objectives</i>	<i>Students will demonstrate knowledge of</i>	
0903.15	• parent role expectations.	
	• types of relationships.	
	• costs and rewards of parenting.	
	• the effects of parenting on lifestyle and relationships.	
	• self-esteem and its effects on relationships.	
	• personal readiness for parenting.	
<i>Performance Objectives</i>	<i>Students will</i>	<i>Skill Set Met</i>
0903.16	• examine parent role expectations and readiness.	
0903.17	• summarize biological processes.	
0903.18	• estimate the costs of rearing a child.	
0903.19	examine the interrelationships of parenting, career • and other life goals.	
<b>Skill Set</b>	<b>Emotional and Physical Effects of Parenthood</b>	
<i>Knowledge Objectives</i>	<i>Students will demonstrate knowledge of</i>	
0903.20	factors contributing to emotional and physical health • of mother, father and baby during pre-natal period.	
	factors contributing to emotional and physical health • of mother, father and baby during post-natal period.	
	• examine parents' roles during pregnancy.	
	• emotional changes during pregnancy.	
	• bonding processes.	

	<p>family adjustments and coping strategies after</p> <ul style="list-style-type: none"> <li>• pregnancy.</li> </ul>	
	<p>the effects of exposure to various hazards on fetal</p> <ul style="list-style-type: none"> <li>• development.</li> </ul>	
<i>Performance Objectives</i>	<i>Students will</i>	<i>Skill Set Met</i>
0903.21	<p>explain factors contributing to emotional and physical health of mother, father and baby during pre-natal period including the effects of exposure to</p> <ul style="list-style-type: none"> <li>• various hazards on fetal development .</li> </ul>	
0903.22	<p>discuss factors contributing to emotional and physical health of mother, father and baby during</p> <ul style="list-style-type: none"> <li>• post-natal period.</li> </ul>	
0903.23	<p>describe parents' roles during pregnancy and the</p> <ul style="list-style-type: none"> <li>• emotional changes that occur.</li> </ul>	
0903.24	<p>explain the impact of bonding on parent-child</p> <ul style="list-style-type: none"> <li>• relationships.</li> </ul>	
0903.25	<p>discuss family adjustments and coping strategies</p> <ul style="list-style-type: none"> <li>• after pregnancy.</li> </ul>	
<b>Skill Set</b>	<b>Developmental Milestone Preparedness</b>	
<i>Knowledge Objectives</i>	<i>Students will demonstrate knowledge of</i>	
0903.26	<p>social, emotional, intellectual, physical, and moral development milestones for infants, toddlers, preschoolers and school-aged children through</p> <ul style="list-style-type: none"> <li>• adolescence.</li> </ul>	
	<p>food, play, health and safety needs of children at</p> <ul style="list-style-type: none"> <li>• various developmental stages.</li> </ul>	
<i>Performance Objectives</i>	<i>Students will</i>	<i>Skill Set Met</i>
0903.27	<p>examine the essential elements representing the</p> <ul style="list-style-type: none"> <li>• development of children.</li> </ul>	
0903.28	<p>assess parenting practices that meet developmental</p> <ul style="list-style-type: none"> <li>• needs.</li> </ul>	
0903.29	<p>demonstrate practices that nurture the development</p> <ul style="list-style-type: none"> <li>• of children.</li> </ul>	
0903.30	<p>plan strategies for meeting individual developmental</p> <ul style="list-style-type: none"> <li>• challenges and special needs.</li> </ul>	
0903.31	<p>explain strategies for integrating a new child into the</p> <ul style="list-style-type: none"> <li>• family.</li> </ul>	
0903.32	<p>plan and implement strategies to enhance</p> <ul style="list-style-type: none"> <li>• development of children through play and activities.</li> </ul>	

0903.33	demonstrate the use of appropriate communication • skills with children in various stages of development.	
0903.34	• examine strategies for meeting nutritional needs.	
0903.35	explain the impact of the bonding process on parent-child relationships. • child relationships.	
<b>Skill Set</b>	<b>Family Resource Identification and Assessment</b>	
<i>Knowledge Objectives</i>	<i>Students will demonstrate knowledge of</i>	
0903.36	• effective parenting support systems.	
	• child care program evaluation.	
	• sources of assistance available to families.	
	• school success strategies.	
	• family financial management.	
<i>Performance Objectives</i>	<i>Students will</i>	<i>Skill Set Met</i>
0903.37	outline components of effective parenting support • systems.	
0903.38	develop criteria for evaluating quality child care • programs.	
0903.39	assess resources available to ensure the well-being of • child and parent.	
0903.40	• explain methods for fostering student success.	