Build procedural fluency from conceptual understanding.

Effective teaching of mathematics builds fluency with procedures on a foundation of conceptual understanding so that students, over time, become skillful in using procedures flexibly as they solve contextual and mathematical problems.

What are <i>teachers</i> doing?	What are <i>students</i> doing?
Providing students with opportunities to use their own reasoning strategies and methods for solving problems.	Making sure that they understand and can explain the mathematical basis for the procedures that they are using.
Asking students to discuss and explain why the procedures that they are using work to solve particular problems. Connecting student-generated strategies	Demonstrating flexible use of strategies and methods while reflecting on which procedures seem to work best for specific types of problems.
and methods to more efficient procedures as appropriate.	Determining whether specific approaches generalize to a broad class of problems.
Using visual models to support students' understanding of general methods.	Striving to use procedures appropriately and efficiently.
Providing students with opportunities for distributed practice of procedures.	