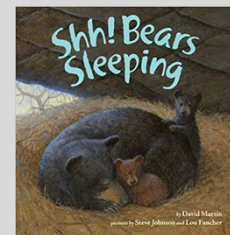




Shh! Bears Sleeping

by David Martin



Reading with your child is an excellent way to expose your child to words, topics, and ideas that are more complex than what they would see in books they can read on their own.

Read Aloud Tips

Read aloud every day

Establish a routine

Turn off all screens

Get comfy

Take time to look at the pictures

Read in silly voices

Explain new words

Let kids move around if they need to

Ask questions

Answer questions

Activities

- » Before Reading: Ask your child to look at the front cover of the book and make a prediction as to what they think the story will be about.
- » Bear Walks: Have your child practice walking like a bear with both their hands and feet on the floor and their knees bent. How far can they walk? How fast can they walk?
- » Season Fun: Ask your child about their favorite season. Next, have them illustrate a picture of what they like to do during that season.
- » Animal Sounds: Revisit the pages in the story. Point to and identify the different animals. Ask your child if they can make the sound that the animal makes.
- » Bear Face: Using a paper plate or piece of paper cut into a circle, have your child create their own bear face. Let them use the face they create to role play being a bear from the story.
- » Hibernating Animals: Work with your child to conduct research and learn about other animals that hibernate during winter. Have a discussion on what happens when animals hibernate and how that is different from what humans do.

