

# ***Student Support and Well-Being***

**Resources and Links  
for Educators, Students,  
Families, and Communities**

***December 2021***





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2021-2022**

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# CONNECTING SOCIAL-EMOTIONAL AND MENTAL HEALTH SUPPORTS TO THE OPIOID EPIDEMIC

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The Opioid Epidemic in West Virginia may be the worst crisis impacting our students in the state's history. It is fueling aggression and a feeling of hopelessness among our youth. In addressing these barriers to education among our students, the West Virginia Department of Education Student Support and Well-Being Office supports several initiatives involving state agencies, higher education, community partners, and other organizations to provide various levels of support.

## Awareness • Prevention • Intervention

• **Opioids and Substance Abuse**    • **Trauma**    • **Social-Emotional Mental Health Needs**  
**Students • Educators • Families • Communities**

### **ACTION STEPS:**

- Creating programmatic guides for educators of grades PreK-12th
- Providing community resources and contacts
- Delivering training to identify students in crisis, deliver the appropriate response, and locate age-appropriate services
- Providing prevention and intervention strategies
- Developing the ReClaimWV website for information, strategies, resources, and immediate help in crisis
- Supporting youth-to-youth peer networking
- Training and technical assistance to develop lifelong, positive health practices
- Creating e-learning courses for educators and webinars
- Expanding training and technical support through the WV Behavior/Mental Health Technical Assistance Center

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# Apps and Self-Help

Resource	Format(s)	Description	Targeted Audience
<p>A Friend Asks</p> 	<ul style="list-style-type: none"> <li>Free App</li> </ul>	<ul style="list-style-type: none"> <li>Suicide Prevention: Would you know how to respond if you recognized your friend may be thinking about suicide? This app will give you access to the warning signs, do's and don'ts, and the National Suicide Prevention Lifeline is a click away.</li> <li>Don't be afraid to ask for help... for a friend or yourself.</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> </ul>
<p>Bellybio Interactive Breathing</p> 	<ul style="list-style-type: none"> <li>App</li> </ul>	<ul style="list-style-type: none"> <li>Interactive deep abdominal breathing</li> <li>Put the iPhone on your belly with follow along directions</li> <li>Colors, music, and activity log</li> </ul>	<ul style="list-style-type: none"> <li>All ages who can follow directions</li> </ul>
<p>Crisis Text Line</p> 	<ul style="list-style-type: none"> <li>Free App</li> <li>Text HELLO to 741741</li> <li>Website: <a href="https://www.crisistextline.org/hello/">https://www.crisistextline.org/hello/</a></li> </ul>	<ul style="list-style-type: none"> <li>Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text</li> <li>Line trains volunteers to support people in crisis.</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> </ul>
<p>Happify: for Stress &amp; Worry</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://www.happify.com">www.happify.com</a></li> <li>Free App</li> </ul>	<ul style="list-style-type: none"> <li>Personal journey to improve mental health</li> <li>Based on short self-assessment</li> <li>Develops "happiness" skills</li> <li>Science-based activities</li> </ul>	<ul style="list-style-type: none"> <li>Anyone</li> <li>High School Age to Adult</li> </ul>
<p>Headspace</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://www.headspace.com">www.headspace.com</a></li> <li>Free Basics App</li> </ul>	<ul style="list-style-type: none"> <li>Guided meditation</li> <li>Mindfulness</li> <li>Themed sessions</li> <li>SOS exercises in meltdown situations</li> </ul>	<ul style="list-style-type: none"> <li>High School Age to Adults</li> </ul>
<p>Help and Hope WV</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://helpandhopewv.org/">https://helpandhopewv.org/</a></li> <li>Website: <a href="https://helpandhopewv.org/index.html">https://helpandhopewv.org/index.html</a></li> <li>Website: <a href="https://helpandhopewv.org/prevention-in-your-region.html">https://helpandhopewv.org/prevention-in-your-region.html</a></li> </ul>	<ul style="list-style-type: none"> <li>Teens &amp; Families</li> <li>HELP4WV</li> <li>Prescribers</li> <li>Opioid Overdose Prevention</li> <li>Links to Local Prevention Resources in your region</li> <li>An initiative to prevent prescription misuse and reduce the stigma against people with substance use or mental health disorders.</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> <li>Educators</li> <li>Providers</li> <li>First Responders</li> <li>Prescribers</li> </ul>

# Apps and Self-Help

Resource	Format(s)	Description	Targeted Audience
HELP4WV 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.help4wv.com">https://www.help4wv.com</a></li> </ul>	<ul style="list-style-type: none"> <li>Offers 24/7 call, chat, and text line that provides immediate help for any West Virginian struggling with an addiction or mental health issue and</li> </ul>	<ul style="list-style-type: none"> <li>Any person struggling with an addiction or</li> <li>Workplace Individuals</li> </ul>
I AM Witness 	<ul style="list-style-type: none"> <li>Free App</li> </ul>	<ul style="list-style-type: none"> <li>Have you ever seen someone getting bullied and wished you could say a magic word that could make the bullying stop? Well now you can, with our “I Am a Witness” Keyboard. With our emoji, stickers and GIFs, you can tell a bully to stop, or you can support a friend, or you can just generally spread good vibes around the world. It’s up to you what you do with this keyboard, as long as you want to help stop bullying. Deal? Deal.</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> </ul>
iChill	<ul style="list-style-type: none"> <li>Website: <a href="http://www.ichillapp.com">www.ichillapp.com</a></li> <li>Free App iChill</li> </ul>	<ul style="list-style-type: none"> <li>Training programs offered by the Trauma Resource Institute</li> <li>Self-help skills for resiliency</li> <li>Teaches wellness skills using the Trauma Resiliency Model (for professionals and clinicians) and the</li> <li>Community Resiliency Model (for everyone)</li> </ul>	<ul style="list-style-type: none"> <li>Professionals</li> <li>Clinicians</li> <li>Community Members (children to adults)</li> </ul>
My 3 	<ul style="list-style-type: none"> <li>Free App</li> </ul>	<ul style="list-style-type: none"> <li>Stay connected to your network when you are in a time of crisis with MY3. With MY3, you define your network, and your plan to stay safe. With MY3 you can be prepared to help yourself and reach out to others when you are feeling suicidal. Remember, there is hope and a life to look forward to even in your darkest moments – this app can help you get through the difficult moments.</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> </ul>
Sesame Street	<ul style="list-style-type: none"> <li>Website: <a href="https://sesamestreetincommunities.org/topics">https://sesamestreetincommunities.org/topics</a></li> </ul>	<ul style="list-style-type: none"> <li>Addresses trauma, worry, fear, and mental health issues</li> </ul>	<ul style="list-style-type: none"> <li>Children</li> </ul>

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Resource	Format(s)	Description	Targeted Audience
Smart Moves Smart Choices 	<ul style="list-style-type: none"> <li>Website: <a href="http://www.smartmovesmartchoices.org/start-smart">www.smartmovesmartchoices.org/start-smart</a></li> </ul>	<ul style="list-style-type: none"> <li>Elementary schools and community organizations can begin educating children (grades K-5) and their parents about safe and proper use of over-the-counter and prescription medications.</li> </ul>	<ul style="list-style-type: none"> <li>Educators K-5</li> </ul>
Smiling Mind	<ul style="list-style-type: none"> <li>Website: <a href="http://www.smilingmind.com">www.smilingmind.com</a></li> <li>Free App</li> </ul>	<ul style="list-style-type: none"> <li>Mindfulness</li> <li>Meditation</li> <li>Social-Emotional Learning</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> <li>Educators</li> </ul>
Squirrel Recovery 	<ul style="list-style-type: none"> <li>Free App</li> </ul>	<ul style="list-style-type: none"> <li>24-hr support team to help manage urges related to addiction</li> <li>A model of recovery offering constant, personalized support system</li> <li>Tracks days sober</li> <li>Gives “coins” for sobriety milestones</li> <li>Offers panic button in case of emergencies</li> </ul>	<ul style="list-style-type: none"> <li>Individuals who are addicted or in recovery</li> <li>Especially ages 17-35</li> </ul>
Suicide Prevention Hotline 	<ul style="list-style-type: none"> <li>Lifeline 1-800-273-TALK (8255)</li> <li>Website: <a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a></li> <li>Website: <a href="https://www.sprc.org/">https://www.sprc.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.</li> <li>Suicide Prevention Resource Center</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> <li>Family</li> <li>Caregivers</li> <li>Community</li> </ul>
Virtual Hope Box 	<ul style="list-style-type: none"> <li>Website: <a href="https://psyberguide.org/apps/virtual-hope-box/">https://psyberguide.org/apps/virtual-hope-box/</a></li> <li>App</li> </ul>	<ul style="list-style-type: none"> <li>Multi-media coping skill app</li> <li>Distraction techniques such as games</li> <li>Meditation</li> <li>Coping techniques to reduce stress</li> <li>Relaxation tools</li> <li>The Virtual Hope Box (VHB) is a smartphone application to help with anxiety, depression, and PTSD. The VHB contains simple tools to help people with coping, relaxation, distraction, and positive thinking.</li> <li>Use your own smartphone for your specific needs.</li> </ul>	<ul style="list-style-type: none"> <li>High School Age to Adults</li> <li>Especially military</li> <li>Individuals with anxiety, depression, PTSD, and individuals impacted by trauma</li> </ul>

# Apps and Self-Help

Resource	Format(s)	Description	Targeted Audience
<p>Yoga IQ</p>  <p>Fees May Be Associated</p>	<ul style="list-style-type: none"> <li>Website: <a href="https://jharrisonyoga.weebly.com/">https://jharrisonyoga.weebly.com/</a></li> <li>Karma Yoga Institute 910 4th Ave. Ste. 302 Huntington, WV 25701</li> <li>Email: <a href="mailto:JeanniesOffice@gmail.com">JeanniesOffice@gmail.com</a></li> <li>Phone: 304-546-7815</li> </ul>	<ul style="list-style-type: none"> <li>Yoga EQ is an embodied Social Emotional Learning program that shows students how to address tough emotional situations, process these experiences, and relate to their peers.</li> <li>Students learn how to identify emotions in the body through meditation and how to shift mood with movement.</li> <li>It is taught in schools, recovery programs, and beyond!</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> <li>Families</li> </ul>

# Classroom Lessons and Evidence-Based Programs

Resource	Format(s)	Description	Targeted Audience
<p>Ask, Listen, Learn</p> 	<ul style="list-style-type: none"> <li>• Website: <a href="https://asklistenlearn.org/">https://asklistenlearn.org/</a></li> <li>• Website: A resource from The Foundation for Advancing Alcohol Responsibility <a href="https://www.responsibility.org/">https://www.responsibility.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>• Information to help guide ways to start conversations about alcohol &amp; the developing brain now and continue them as their kids continue to grow and change.</li> <li>• According to FAAR, the Program content regarding the effects of alcohol on the developing brain has been reviewed by the National Institute on Alcohol Abuse and Alcoholism (NIAAA) and is consistent with currently available science.</li> </ul>	<ul style="list-style-type: none"> <li>• Educators</li> <li>• Parents</li> <li>• Families</li> <li>• Students</li> </ul>
<p>CASEL</p> 	<ul style="list-style-type: none"> <li>• Website: <a href="https://casel.org/resources/">https://casel.org/resources/</a></li> </ul>	<ul style="list-style-type: none"> <li>• A comprehensive collection of high-quality social and emotional learning (SEL) tools and resources</li> </ul>	<ul style="list-style-type: none"> <li>• Educators</li> <li>• Parents</li> <li>• Community</li> </ul>
<p>Center on the Social &amp; Emotional Foundations for Early Learning</p> 	<ul style="list-style-type: none"> <li>• Website: <a href="http://csefel.vanderbilt.edu/index.html">http://csefel.vanderbilt.edu/index.html</a></li> </ul>	<ul style="list-style-type: none"> <li>• The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is focused on promoting the social emotional development and school readiness of young children birth to age 5.</li> <li>• CSEFEL is a national resource center funded by the Office of head Start and Child Care Bureau for disseminating resource and evidence-based practices to early childhood programs across the country.</li> <li>• Birth to age 5.</li> </ul>	<ul style="list-style-type: none"> <li>• Educators</li> <li>• Birth to 5</li> <li>• Families</li> <li>• Parents</li> </ul>
<p>Child Trauma Toolkit for Educators</p> 	<ul style="list-style-type: none"> <li>• Website: <a href="https://www.nctsn.org/resources/child-trauma-toolkit-educators">https://www.nctsn.org/resources/child-trauma-toolkit-educators</a></li> </ul>	<ul style="list-style-type: none"> <li>• Provides school administrators, teachers, staff, and concerned parents with basic information about working with traumatized children in the school system.</li> </ul>	<ul style="list-style-type: none"> <li>• Educators</li> <li>• Community</li> <li>• Parents</li> <li>• Families</li> </ul>
<p>Coordinated Approach to Child Health</p>  <p>Fees May Be Associated</p>	<ul style="list-style-type: none"> <li>• Website: <a href="https://catchinfo.org/">https://catchinfo.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>• CATCH is based on the CDC Whole School, Whole Community, Whole Child model in which health education, school environment, and family/community involvement work together to support youth in a healthy lifestyle.</li> </ul>	<ul style="list-style-type: none"> <li>• Educators</li> </ul>

# Classroom Lessons and Evidence-Based Programs

Resource	Format(s)	Description	Targeted Audience
EVERFI 	<ul style="list-style-type: none"> <li>Website: <a href="https://everfi.com/">https://everfi.com/</a></li> </ul>	<ul style="list-style-type: none"> <li>Prescription Drug Safety</li> <li>Social &amp; Emotional Learning</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
Generation RX 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.generationrx.org/">https://www.generationrx.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Provides educational resources to help prevent the misuse of prescription medications.</li> </ul>	<ul style="list-style-type: none"> <li>Educators - Middle and High School</li> </ul>
Kids Health in the Classroom 	<ul style="list-style-type: none"> <li>Website: <a href="https://classroom.kidshealth.org/prekto2/problems/drugs/drugs.pdf">https://classroom.kidshealth.org/prekto2/problems/drugs/drugs.pdf</a></li> <li>Website: <a href="https://classroom.kidshealth.org/6to8/problems/drugs/drugs.pdf">https://classroom.kidshealth.org/6to8/problems/drugs/drugs.pdf</a></li> </ul>	<ul style="list-style-type: none"> <li>Teachers' guide for Pre-K-2 that includes standards, related links, discussion questions, activities for students and reproducible materials.</li> <li>Despite the fact that they're illegal and dangerous, drugs are still accessible to kids and teens. These activities will help your students learn what drugs do to the body and mind, and enable them to counter peer pressure to take drugs</li> </ul>	<ul style="list-style-type: none"> <li>Educators PK- 2</li> <li>Educators 6-8</li> </ul>
MINDUP 	<ul style="list-style-type: none"> <li>Website: <a href="https://mindup.org/">https://mindup.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Social-emotional instructional resource</li> <li>Pre-K to Middle School</li> <li>Empowering children through mindful practice based in neuroscience.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
Operation Prevention 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.operationprevention.com/">https://www.operationprevention.com/</a></li> </ul>	<ul style="list-style-type: none"> <li>Source: Operation Prevention provides free classroom resources for elementary, middle and high schools from the DEA and Discovery Education.</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Educators</li> <li>Parents</li> <li>Education for elementary, middle, and high school students</li> </ul>
Opioids and the Overdoes 	<ul style="list-style-type: none"> <li>Website: <a href="http://headsup.scholastic.com/teachers/opioid-overdose-epidemic">http://headsup.scholastic.com/teachers/opioid-overdose-epidemic</a></li> </ul>	<ul style="list-style-type: none"> <li>From Scholastic: Lesson plans, related articles, classroom materials and critical thinking questions for drug education with a focus on opioid overdose.</li> </ul>	<ul style="list-style-type: none"> <li>Educators 6-8</li> </ul>
SAMHSA 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.samhsa.gov/ebp-resource-center">https://www.samhsa.gov/ebp-resource-center</a></li> </ul>	<ul style="list-style-type: none"> <li>Scientific-based resources including treatment Improvement</li> <li>Protocols, toolkits, resource guides, clinical practice guidelines</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> <li>Clinicians</li> </ul>

# Classroom Lessons and Evidence-Based Programs

Resource	Format(s)	Description	Targeted Audience
SAMHSA Opioid Overdose Prevention Toolkit 	<ul style="list-style-type: none"> <li>Website: <a href="https://store.samhsa.gov/system/files/sma18-4742.pdf">https://store.samhsa.gov/system/files/sma18-4742.pdf</a></li> </ul>	<ul style="list-style-type: none"> <li>Source: Substance Abuse and Mental Health Services Administration. SAMHSA Opioid Overdose Prevention Toolkit. HHS Publication No. (SMA) 16-4742. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2016.</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> </ul>
Sanford Harmony 	<ul style="list-style-type: none"> <li>Website <a href="https://www.sanfordharmony.org/">https://www.sanfordharmony.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Sanford Harmony is a FREE social emotional learning (SEL) program addressing the 5 core social emotional learning competencies: self-awareness, self-management, responsible decision making, social awareness, and relationship skills</li> </ul>	<ul style="list-style-type: none"> <li>Educators PK-6</li> </ul>
SBIRT 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.samhsa.gov/sbirt">https://www.samhsa.gov/sbirt</a></li> </ul>	<ul style="list-style-type: none"> <li>Screening, Brief Intervention, and Referral to Treatment, early intervention</li> </ul>	<ul style="list-style-type: none"> <li>Providers</li> <li>Community</li> </ul>
StopBullying.gov 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.stopbullying.gov/">https://www.stopbullying.gov/</a></li> </ul>	<ul style="list-style-type: none"> <li>Prevention: Teach kids how to identify bullying and how to stand up to it safely</li> <li>Bullying, Cyberbullying, Prevention, Resources</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Parents</li> <li>Family</li> <li>Community</li> </ul>
What Works Clearinghouse 	<ul style="list-style-type: none"> <li>Website: <a href="https://ies.ed.gov/ncee/wwc/">https://ies.ed.gov/ncee/wwc/</a></li> </ul>	<ul style="list-style-type: none"> <li>Reviews existing research on different programs, products, practices, and policies in education</li> <li>Provide educators with information they need to make evidence-based decisions</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>

# Information and Learning

Resource	Format(s)	Description	Targeted Audience
ASCD  Fees May Be Associated	<ul style="list-style-type: none"> <li>Website: <a href="http://www.ascd.org/Default.aspx">http://www.ascd.org/Default.aspx</a></li> </ul>	<ul style="list-style-type: none"> <li>An educator membership resource: ASCD empowers educators to achieve excellence in learning, teaching, and leading so that every child is healthy, safe, engaged, supported, and challenged</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
American Academy of Pediatrics 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.aap.org/en-us/Pages/Default.aspx">https://www.aap.org/en-us/Pages/Default.aspx</a></li> </ul>	<ul style="list-style-type: none"> <li>American Academy of Pediatrics</li> <li>The American Academy of Pediatrics published an article entitled Adolescent Connectedness and Adult Health Outcomes which studied the “associations between adolescent connectedness and multiple health-related outcomes in adulthood.”</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Educators</li> <li>Providers</li> </ul>
ACES Coalition of WV 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.wvaces.org/">https://www.wvaces.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>The ACES Coalition of West Virginia includes over 70 different organizations and individuals working together to improve the health and well-being of all West Virginians by reducing the impact of Adverse Childhood Experiences (ACEs) and preventing their occurrence.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Family</li> <li>Community</li> <li>Professionals</li> </ul>
Adolescent Health Initiative (WV) 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.wvdhhr.org/ahi/">https://www.wvdhhr.org/ahi/</a></li> <li>Website: <a href="https://www.wvdhhr.org/ahi/contactus.asp">https://www.wvdhhr.org/ahi/contactus.asp</a></li> </ul>	<ul style="list-style-type: none"> <li>Conceptual Framework for Adolescent Health</li> <li>Coordinator Contacts</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Educators</li> <li>Providers</li> </ul>
CASEL 	<ul style="list-style-type: none"> <li>Website: <a href="https://casel.org/">https://casel.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Knowledge and resources to advance social and emotional learning (SEL) in equitable learning environments so all students can thrive.</li> <li>SEL is how children and adults learn to understand and manage emotions, set goals, show empathy, establish positive relationships, and make responsible decisions.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
Centers for Disease Control and Prevention 	<ul style="list-style-type: none"> <li>Website: <a href="#">CDC: Violence Prevention (ACEs)</a></li> <li>Preventing Adverse Childhood Experiences (ACEs): Leveraging the Best Available Evidence</li> </ul>	<ul style="list-style-type: none"> <li>Youth Violence Prevention</li> <li>Dating Matters</li> <li>Child Abuse and Neglect Prevention</li> <li>Suicide Prevention</li> <li>Intimate Partner Violence Prevention</li> <li>Sexual Violence Prevention</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Teens</li> <li>Family</li> <li>Parents</li> <li>Community</li> </ul>

# Information and Learning

Resource	Format(s)	Description	Targeted Audience
<p>Center for Wellbeing in School Environments</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.medstarwise.org">https://www.medstarwise.org</a></li> </ul>	<ul style="list-style-type: none"> <li>Supporting schools with comprehensive approaches for mental wellness.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
<p>Changing Minds</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://changingmindsnow.org/science">https://changingmindsnow.org/science</a></li> <li>Video: <a href="https://youtu.be/jDOIbdsH8os">https://youtu.be/jDOIbdsH8os</a></li> </ul>	<ul style="list-style-type: none"> <li>THE SCIENCE OF TRAUMA</li> <li>How exactly do traumatic experiences affect children's brains? Can everyday gestures really help them to heal? Here's what the latest scientific studies have to say.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Providers</li> </ul>
<p>Compassion Resilience Toolkit</p> 	<ul style="list-style-type: none"> <li>Link <a href="#">Compassion Resilience Toolkit</a></li> </ul>	<ul style="list-style-type: none"> <li>Facilitator resources to build the capacity of helping professionals, caregivers, and the systems in which they serve.</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Caregivers</li> <li>Educators</li> <li>Families</li> </ul>
<p>Crisis In the Classroom</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://cehs.wvu.edu/crisis-in-the-classroom">https://cehs.wvu.edu/crisis-in-the-classroom</a></li> </ul>	<ul style="list-style-type: none"> <li>A Crisis in the Classroom: Teachers and the WV Opioid Epidemic.</li> <li>WV struggles with the highest rate of drug overdose deaths in the country. Children whose parents struggle with a substance use disorder bring experiences of neglect, trauma, and mental health issues to school.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
<p>Family Checkup</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.drugabuse.gov/family-checkup">https://www.drugabuse.gov/family-checkup</a></li> </ul>	<ul style="list-style-type: none"> <li>Highlights parenting skills that are important in preventing the initiation and progression of drug use among youth.</li> </ul>	<ul style="list-style-type: none"> <li>Parents and Caregivers</li> </ul>
<p>Foundation for Advanced Alcohol Responsibility</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.responsibility.org/">https://www.responsibility.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>This foundation (Responsibility.org) leads the fight to eliminate drunk driving and underage drinking and promotes responsible decision-making regarding beverage alcohol.</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Students</li> <li>Families</li> <li>Community</li> </ul>
<p>Healthy Grandfamilies</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://healthygrandfamilies.com/about/">http://healthygrandfamilies.com/about/</a></li> </ul>	<ul style="list-style-type: none"> <li>Initiative by WVSU to provide information and resources to grandparents who are raising one or more grandchildren.</li> </ul>	<ul style="list-style-type: none"> <li>Grandparents</li> </ul>

# Information and Learning

Resource	Format(s)	Description	Targeted Audience
<p>Helping Traumatized Children Learn</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://handlewithcarewv.org/book-study/mobile/index.html">http://handlewithcarewv.org/book-study/mobile/index.html</a></li> </ul>	<ul style="list-style-type: none"> <li>Handle With Care Book Study:</li> <li>Helping Traumatized Children Learn</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
<p>Keeping Youth Drug Free</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://store.samhsa.gov/product/Keeping-Youth-Drug-Free/SMA17-3772">https://store.samhsa.gov/product/Keeping-Youth-Drug-Free/SMA17-3772</a></li> </ul>	<ul style="list-style-type: none"> <li>This resource guide for parents offers advice on keeping children substance free. Review statistics about adolescent substance use, and learn tips on good communication. The guide also features substance facts and case studies for additional insight.</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Caregivers</li> <li>Community</li> <li>Family</li> </ul>
<p>Kids Count Data Center</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://datacenter.kidscount.org/kids-count-data-book-interactive">https://datacenter.kidscount.org/kids-count-data-book-interactive</a></li> </ul>	<ul style="list-style-type: none"> <li>State Rankings on Overall Child Well-Being</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Families</li> <li>Community</li> <li>Providers</li> </ul>
<p>Mental Health First Aid</p>  	<ul style="list-style-type: none"> <li>Website: <a href="https://www.mentalhealthfirstaid.org/">https://www.mentalhealthfirstaid.org/</a></li> <li>Website: <a href="https://www.mentalhealthfirstaid.org/take-a-course/course-types/youth/">https://www.mentalhealthfirstaid.org/take-a-course/course-types/youth/</a></li> <li>WV MHFA on Facebook</li> </ul>	<ul style="list-style-type: none"> <li>5-Step Action Plan for how to help young people in both crisis and non-crisis situations.</li> <li>Teen Mental Health First Aid</li> <li>Youth Mental Health First Aid</li> <li>Veterans Mental Health First Aid</li> </ul>	<ul style="list-style-type: none"> <li>Primarily designed for adults who regularly interact with young people</li> </ul>
<p>Midwest PBIS Network</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://www.midwestpbis.org/">http://www.midwestpbis.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>A blend of resources, training, systems, data, and practices in order to improve outcomes for all children and youth. Emphasis is on prevention, early identification, and intervention of the social, emotional, and behavior needs of students.</li> <li>Mental Health Integration (ISF)</li> <li>Webinars, Training, and Tools</li> <li>Examples, Publications, Presentations</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Families</li> <li>Community</li> <li>Parents</li> </ul>

# Information and Learning

Resource	Format(s)	Description	Targeted Audience
<p>National Center for School Mental Health</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://csmh.umaryland.edu/">http://csmh.umaryland.edu/</a></li> </ul>	<ul style="list-style-type: none"> <li>Technical Assistance and Training Center</li> <li>Focus on advancing research, training, policy and practice in school mental health</li> <li>Promote positive academic and social-emotional-behavioral outcomes for all students.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Providers</li> <li>Community</li> </ul>
<p>National Center on Safe Supportive Learning Environments</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://safesupportivelearning.ed.gov/">https://safesupportivelearning.ed.gov/</a></li> </ul>	<ul style="list-style-type: none"> <li>Information and technical assistance focused on improving student supports and academic enrichment.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> </ul>
<p>National Child Traumatic Stress Network</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://www.nctsn.org/resources/audiences/parents-caregivers">www.nctsn.org/resources/audiences/parents-caregivers</a></li> <li>Website: <i>A System Framework</i></li> </ul>	<ul style="list-style-type: none"> <li>The mission of The National Child Traumatic Stress Network is to “raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States. The network’s website has resources for parents and caregivers, professionals, military children and families, educators, and the media and information in Spanish.</li> <li>Creating, Supporting, and Sustaining Trauma-Informed Schools: A System Framework</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Caregivers</li> </ul>
<p>National Institute on Mental Health</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.nimh.nih.gov/health/topics/post-traumatic-stress-disorder-ptsd/index.shtml">https://www.nimh.nih.gov/health/topics/post-traumatic-stress-disorder-ptsd/index.shtml</a></li> </ul>	<ul style="list-style-type: none"> <li>This site provides information on PTSD, including an easy to read booklet on PTSD that explains what it is, when it starts, how long it lasts, and how to get help.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Providers</li> <li>Community</li> <li>Family</li> <li>Students</li> </ul>
<p>National Alliance on Mental Illness</p>  <p>Copyright © 2019 NAMI.</p>	<ul style="list-style-type: none"> <li>Website: <a href="mailto:info@nami.org">info@nami.org</a></li> <li>NAMI HelpLine</li> <li>M-F, 10 am–6 pm, ET. 1-800-950-NAMI (6264)</li> <li>NAMI Programs: <a href="https://www.nami.org/Find-Support/NAMI-Programs">https://www.nami.org/Find-Support/NAMI-Programs</a></li> </ul>	<ul style="list-style-type: none"> <li>NAMI is dedicated to building better lives for the millions of Americans affected by mental illness.</li> <li>Education Programs</li> <li>NAMI Help-Line</li> </ul>	<ul style="list-style-type: none"> <li>Families</li> <li>Parents</li> <li>Community</li> <li>Veterans</li> <li>Teens</li> <li>LGBTQ</li> <li>Providers</li> </ul>

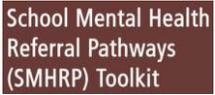
# Information and Learning

Resource	Format(s)	Description	Targeted Audience
National Child Traumatic Stress Network 	<ul style="list-style-type: none"> <li>Website: <a href="https://learn.nctsn.org/">https://learn.nctsn.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>As part of the National Child Traumatic Stress Network (NCTSN), the Learning Center for Child and Adolescent Trauma offers Free Online Education related to trauma</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
National Council for Behavioral Health 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.thenationalcouncil.org/">https://www.thenationalcouncil.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>The National Council for Behavioral Health is the unifying voice of America's health care organizations that deliver mental health and addictions treatment and services.</li> <li>Committed to all Americans having access to comprehensive, high- quality care that affords every opportunity for recovery.</li> <li>Mental Health First Aid USA</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Students</li> <li>Community</li> </ul>
National Federation of Families for Children's Mental Health 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.ffcmh.org/">https://www.ffcmh.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>A nationwide advocacy organization with Families as its sole focus</li> <li>Advocacy, technical assistance, collaboration</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Family</li> </ul>
National Institute on Drug Abuse 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.drugabuse.gov/family-checkup">https://www.drugabuse.gov/family-checkup</a></li> </ul>	<ul style="list-style-type: none"> <li>Family Checkup: Positive Parenting Prevents Drug Use</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Caregivers</li> </ul>
NET CETERA 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.consumer.ftc.gov/articles/pdf-0001-netcetera.pdf">https://www.consumer.ftc.gov/articles/pdf-0001-netcetera.pdf</a></li> </ul>	<ul style="list-style-type: none"> <li>A brochure from the Federal Trade Commission on how to talk to Kids About being Safe Online.</li> <li>Order free brochures at: <a href="https://www.bulkorder.ftc.gov/">https://www.bulkorder.ftc.gov/</a></li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Educators</li> <li>Families</li> <li>Community</li> </ul>
NIDA for Teens 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.drugabuse.gov/">https://www.drugabuse.gov/</a></li> </ul>	<ul style="list-style-type: none"> <li>The National Institutes of Health:</li> <li>Provides the latest information on how drugs affect the brain and body.</li> <li>Their mission is to advance science on the causes and consequences of drug use and addiction and to apply that knowledge to improve individual and public health</li> </ul>	<ul style="list-style-type: none"> <li>Medical and Health Professionals</li> <li>Parents</li> <li>Educators</li> <li>Children and Teens</li> <li>Patients and Families</li> <li>Researchers</li> </ul>

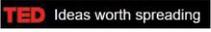
# Information and Learning

Resource	Format(s)	Description	Targeted Audience
PEW 	<ul style="list-style-type: none"> <li>Website <a href="https://www.pewtrusts.org/en">https://www.pewtrusts.org/en</a></li> <li>Website: <a href="https://www.pewtrusts.org/en/research-and-analysis/data-visualizations/2019/kansas-reduces-youth-confinement-expands-evidence-based-programs">https://www.pewtrusts.org/en/research-and-analysis/data-visualizations/2019/kansas-reduces-youth-confinement-expands-evidence-based-programs</a></li> </ul>	<ul style="list-style-type: none"> <li>The PEW Charitable Trusts Research and Resources</li> <li>Article on Juvenile Justice Reform: Kansas Reduces Youth Confinement, Expands Evidence-Based Programs.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> </ul>
Prevent Suicide WV 	<ul style="list-style-type: none"> <li>Website: <a href="http://preventsuicidewv.org/">http://preventsuicidewv.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Assessment Protocols</li> <li>Evidence-Based Practices</li> <li>General Resources</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> <li>Families</li> <li>Students</li> </ul>
Preventing Suicide Toolkit for High Schools	<ul style="list-style-type: none"> <li>Website: <a href="https://www.store.samhsa.gov/product/Preventing-Suicide-A-Toolkit-for-High-Schools/SMA12-4669">https://www.store.samhsa.gov/product/Preventing-Suicide-A-Toolkit-for-High-Schools/SMA12-4669</a></li> <li>SAMHSA National Hotline: 1-800-662-HELP (4357)</li> </ul>	<ul style="list-style-type: none"> <li>Assists high schools and school districts in designing and implementing strategies to prevent suicide and promote behavioral health.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>9- 12</li> <li>Community</li> </ul>
Prevention Tools: What Works, What Doesn't 	<ul style="list-style-type: none"> <li>Webpage: <a href="https://www.dshs.wa.gov/sites/default/files/SESA/publications/documents/22-1662.pdf">https://www.dshs.wa.gov/sites/default/files/SESA/publications/documents/22-1662.pdf</a></li> </ul>	<ul style="list-style-type: none"> <li>A guide on what works and what does not for prevention and keeping young people from developing serious and life-long issues with addiction</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
Readiness & Emergency Management for Schools 	<ul style="list-style-type: none"> <li>Website: <a href="https://rems.ed.gov/default.aspx">https://rems.ed.gov/default.aspx</a></li> </ul>	<ul style="list-style-type: none"> <li>Psychological First Aid for Schools - intervention model</li> <li>Webinars – Resilience &amp; Developing Self-Care</li> <li>Virtual Trainings</li> <li>School Climate &amp; Emergencies</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>

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Resource	Format(s)	Description	Targeted Audience
ReClaimWV 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/reclaimwv/">https://wvde.us/reclaimwv/</a></li> </ul>	<ul style="list-style-type: none"> <li>Awareness information, signs, symptoms related to trauma, substance abuse, and mental health</li> <li>Substance abuse prevention and intervention info with related WVBE Policies, Content Standards, and lessons</li> <li>Social-emotional mental health resources, strategies, related WVBE Policies, Content Standards, and lessons</li> <li>Resources, strategies, offered trainings, and links to services offered by WVDE partners</li> <li>Info and immediate help for crisis situations</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> <li>Educators</li> <li>Families</li> <li>Communities</li> </ul>
Safe Schools Toolkit 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/leadership-system-support/safe-schools-toolkit/">https://wvde.us/leadership-system-support/safe-schools-toolkit/</a></li> </ul>	<ul style="list-style-type: none"> <li>The WV Safe Schools Online Toolkit adheres to national best practices with information and resources compiled from a variety of vetted sources, including the USDOE, the USDHHS, the USDHS, the USDOJ, the FBI, the FEMA, the FCSS, ASCA, and the NASP.</li> <li>Coordinates school safety and violence prevention</li> <li>Develops policies and strategies to promote safe schools in WV.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> <li>Students</li> </ul>
SAMHSA 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.samhsa.gov/">https://www.samhsa.gov/</a></li> <li>Website: <a href="https://www.samhsa.gov/programs">https://www.samhsa.gov/programs</a></li> <li>Website: <a href="https://www.samhsa.gov/ebp-resource-center">https://www.samhsa.gov/ebp-resource-center</a></li> </ul>	<ul style="list-style-type: none"> <li>Resources, data and more on substance misuse and mental health.</li> <li>Programs, information, training, technical assistance.</li> <li>A confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish.</li> <li>Evidence-Based Practices: Resource Center</li> </ul>	<ul style="list-style-type: none"> <li>Providers</li> <li>Community</li> <li>Family</li> </ul>
School Mental Health Referral Pathways (SMHRP) Toolkit 	<ul style="list-style-type: none"> <li>Website: <a href="http://www.esc-cc.org/Downloads/NITT%20SMHRP%20Toolkit_11%2019%2015%20FINAL.PDF">http://www.esc-cc.org/Downloads/NITT%20SMHRP%20Toolkit_11%2019%2015%20FINAL.PDF</a></li> </ul>	<ul style="list-style-type: none"> <li>Provides best-practice guidance and practical tools and strategies to improve coordination both within schools and between schools and other youth-serving agencies.</li> <li>Referral Pathways – the series of actions or steps taken after identifying a youth with a potential mental health issue</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> </ul>

# Information and Learning

Resource	Format(s)	Description	Targeted Audience
School Mental Health Resource Training Center 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.mentalhealthdnys.org/">https://www.mentalhealthdnys.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Online resources developed in NY state addressing mental health as part of the K-12 health curricula</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
Stigma Free WV 	<ul style="list-style-type: none"> <li>Website: <a href="https://stigmafreewv.org/">https://stigmafreewv.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>WV Stigma Free – Language Matters</li> <li>People who experience stigma are less likely to seek help and treatment. Stigma Free WV: Words</li> <li>Matter - Help End Stigma in Our State.</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> <li>Students</li> <li>Educators</li> <li>Providers</li> </ul>
TED Talk: Nadine Burke Harris 	<ul style="list-style-type: none"> <li>YouTube: <a href="https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime">https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime</a></li> </ul>	<ul style="list-style-type: none"> <li>How childhood trauma affects health across a lifetime. 15:59 minute YouTube video from Nadine Burke Harris</li> <li>Childhood trauma isn't something you just get over as you grow up</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> <li>Families</li> <li>Parents</li> </ul>
Trauma-Sensitive Schools 	<ul style="list-style-type: none"> <li>Website: <a href="https://traumasensitiveschools.org/">https://traumasensitiveschools.org/</a></li> <li>YouTube: <a href="https://www.youtube.com/watch?time_continue=9&amp;v=vyQdOLl6d2c">https://www.youtube.com/watch?time_continue=9&amp;v=vyQdOLl6d2c</a></li> </ul>	<ul style="list-style-type: none"> <li>Helping Traumatized Children Learn: A Report and Policy Agenda</li> <li>Trauma and Learning Policy</li> <li>Initiative's (TLPI) mission is to ensure that children traumatized by exposure to family violence and other adverse childhood experiences succeed in school.</li> <li>Providing Support to Schools</li> <li>Research and Report Writing</li> <li>Advocacy, coalition building</li> <li>Limited individual case representation in special education where a child's traumatic experiences are interfacing with his or her disabilities</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
USDOE: Parent and Educator Climate Resources 	<ul style="list-style-type: none"> <li>Guide: Parent and Educator Climate Resources (Guide)</li> </ul>	<ul style="list-style-type: none"> <li>Intended to provide parents, teachers, administrators, and other interested parties with a general understanding of school climate, school climate improvement activities, and the availability of additional resources</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Educators</li> <li>Families</li> </ul>
WV Attorney General's Office 	<ul style="list-style-type: none"> <li>Website: <a href="http://www.wvago.gov">www.wvago.gov</a></li> <li>Consumer Protection Hotline: (800) 368-8808</li> <li>Polaris Project</li> <li><a href="http://www.polarisproject.org">www.polarisproject.org</a></li> <li>(888) 373-7888</li> </ul>	<ul style="list-style-type: none"> <li>Safe Storage &amp; Disposal of Prescription Drugs</li> <li>Polaris Project – National Human Trafficking Hotline</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> <li>Students</li> <li>Parents</li> <li>Educators</li> </ul>

# Information and Learning

Resource	Format(s)	Description	Targeted Audience
WV Center for Children's Justice 	<ul style="list-style-type: none"> <li>Website: <a href="http://handlewithcarewv.org/index.php">http://handlewithcarewv.org/index.php</a></li> </ul>	<ul style="list-style-type: none"> <li>A statewide trauma informed response to child maltreatment and children's exposure to violence including:               <ul style="list-style-type: none"> <li>Handle With Care</li> <li>WV Children's Justice Task Force</li> <li>Drug Endangered Children</li> <li>Child Human Trafficking</li> <li>Recognizing/ Responding to Child Abuse</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Students</li> <li>Providers</li> <li>Educators</li> <li>Community</li> <li>Parents</li> </ul>
WV Kids Count 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvkidscount.org/wv-data-book/#Stat-Searchable-Database">https://wvkidscount.org/wv-data-book/#Stat-Searchable-Database</a></li> </ul>	<ul style="list-style-type: none"> <li>WV KIDS COUNT is a State searchable database providing data about the well-being of children with objective, reliable data for educating policymakers and the public about children's needs.</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Educators</li> </ul>
WV Prevention First 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.preventionfirstwv.org/">https://www.preventionfirstwv.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>A proactive, comprehensive stance on the importance of substance abuse prevention throughout West Virginia</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> </ul>
WVSADD 	<ul style="list-style-type: none"> <li>Website: <a href="http://wvsadd.org/">http://wvsadd.org/</a></li> <li>Call (304) 913-4956</li> </ul>	<ul style="list-style-type: none"> <li>Students Against Destructive Decisions: Strategic Prevention Framework</li> <li>Peer-to-Peer Education</li> <li>Leadership</li> <li>Development</li> </ul>	<ul style="list-style-type: none"> <li>High School Students</li> </ul>
West Virginia Department of Education 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/">https://wvde.us/</a></li> </ul>	<ul style="list-style-type: none"> <li>School Calendars, Directories, and Policies</li> <li>Body Safety Toolkit</li> <li>Math4life</li> <li>Safe Schools</li> <li>College and Career Readiness</li> <li>Simulated Workplace</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Students</li> <li>Community</li> <li>Families</li> </ul>

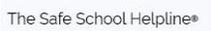
# Services and Resources

Resource	Format(s)	Description	Targeted Audience
Child Abuse and Neglect Hotline 	<ul style="list-style-type: none"> <li>Website: <a href="https://dhhr.wv.gov/bcf/Services/Pages/Centralized-Intake-for-Abuse-and-Neglect.aspx">https://dhhr.wv.gov/bcf/Services/Pages/Centralized-Intake-for-Abuse-and-Neglect.aspx</a></li> <li>Call 1-800-352-6513</li> </ul>	<ul style="list-style-type: none"> <li>Centralized intake for abuse and neglect</li> <li>Educators in WV are MANDATED REPORTERS: WV Code §49-6A-</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> <li>Family</li> <li>Students</li> </ul>
Common Ground 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/commonground/">https://wvde.us/commonground/</a></li> </ul>	<ul style="list-style-type: none"> <li>Partnering organizations focus on increasing the capacity of schools to ensure student success</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> <li>Educators</li> <li>Schools</li> <li>Military Families</li> </ul>
Communities in Schools 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/cis/">https://wvde.us/cis/</a></li> </ul>	<ul style="list-style-type: none"> <li>Communities in Schools (CIS) dropout prevention organization that helps kids stay in school and prepare for life by working inside school systems</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Educators</li> <li>Families</li> </ul>
CPR Training 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.redcross.org/local/west-virginia.html">https://www.redcross.org/local/west-virginia.html</a></li> </ul>	<ul style="list-style-type: none"> <li>Become trained in First Aid and CPR</li> </ul>	<ul style="list-style-type: none"> <li>High School Students</li> <li>Family</li> <li>Community Members</li> <li>Educators</li> </ul>
GRaCE 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.strengtheningrace.com/">https://www.strengtheningrace.com/</a></li> </ul>	<ul style="list-style-type: none"> <li>WV Recovery Coach Academy – promotes recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery.</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> <li>High School Students</li> </ul>
Handle with Care WV CFCJ 	<ul style="list-style-type: none"> <li>Website: <a href="http://handlewithcarewv.org/">http://handlewithcarewv.org/</a></li> <li>Website: <a href="http://handlewithcarewv.org/book-study/">http://handlewithcarewv.org/book-study/</a></li> </ul>	<ul style="list-style-type: none"> <li>Promote safe and supportive homes, schools and communities that protect children, and help traumatized children heal and thrive.</li> <li>Handle with Care Book Study</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Children</li> <li>Adolescents</li> <li>Teens</li> <li>Family</li> <li>Community</li> </ul>
LIVEWELL: WV School Health TAC 	<ul style="list-style-type: none"> <li>Website: <a href="https://livewell.marshall.edu/mutac/">https://livewell.marshall.edu/mutac/</a></li> <li>Website: <a href="https://livewell.marshall.edu/mutac/Docs/R-YSCContactSheet.pdf">https://livewell.marshall.edu/mutac/Docs/R-YSCContactSheet.pdf</a></li> </ul>	<ul style="list-style-type: none"> <li>Marshall University. WV School Health Technical Assistance Center: Regional Youth Service Center (R- YSC) Contact Sheet</li> <li>School Health Centers</li> <li>Mental Health</li> <li>WV Telehealth</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Family</li> <li>Community</li> </ul>

# Services and Resources

Resource	Format(s)	Description	Targeted Audience
<p>National Human Trafficking Hotline</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.acf.hhs.gov/otip/victim-assistance/national-human-trafficking-hotline">https://www.acf.hhs.gov/otip/victim-assistance/national-human-trafficking-hotline</a></li> <li>Call 1-888-373-7888</li> <li>Email: <a href="mailto:help@humantraffickinghotline.org">help@humantraffickinghotline.org</a></li> </ul>	<ul style="list-style-type: none"> <li>The National Human Trafficking Hotline is a 24/7, confidential, multilingual hotline for victims, survivors, and witnesses of human trafficking.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> <li>Family</li> <li>Parents</li> <li>Students</li> </ul>
<p>National Wraparound Initiative</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://nwi.pdx.edu/wraparound-basics/">https://nwi.pdx.edu/wraparound-basics/</a></li> <li>Tahnee.I.Bryant@wv.gov</li> <li>Call (304) 356-4820</li> </ul>	<ul style="list-style-type: none"> <li>WV Children's Mental Health Wraparound Project-Pilot</li> <li>Wraparound is a process of supporting children and families to make plans to stay in their homes and communities and reach their hopes and dreams</li> <li>For children with a mental health diagnosis, or an intellectual or developmental disability (I/DD) combined with serious behavioral or mental health concerns, affecting the child at home, school, or in the community and putting him or her at risk of out-of-home placement</li> </ul>	<ul style="list-style-type: none"> <li>Berkeley</li> <li>Cabell</li> <li>Kanawha</li> <li>Harrison</li> <li>Marion</li> <li>Raleigh</li> <li>Nearby counties considered</li> </ul>
<p>Office of Children, Youth and Families</p> 	<ul style="list-style-type: none"> <li>Webpage: <a href="https://dhhr.wv.gov/bhhf/Sections/programs/ProgramsPartnerships/ChildandAdolescent/Pages/ChildAdolescentBehavioralHealth.aspx">https://dhhr.wv.gov/bhhf/Sections/programs/ProgramsPartnerships/ChildandAdolescent/Pages/ChildAdolescentBehavioralHealth.aspx</a></li> <li>Location: Room 350, 350 Capitol Street, Charleston, WV 25301</li> <li>Call (304) 356-4811</li> <li>Fax (304) 558-1008</li> <li>Main Office Hours M-F 8:30 am - 4:30 pm</li> </ul>	<ul style="list-style-type: none"> <li>WV DHHR Office of Children, Youth and Families</li> <li>Administers programs to promote the behavioral health of children and youths in WV communities through universal prevention and individualized services for mental health, substance use, and intellectual and developmental disabilities.</li> </ul>	<ul style="list-style-type: none"> <li>Family</li> <li>Community</li> </ul>
<p>Parent Educator Resource Centers</p>	<ul style="list-style-type: none"> <li>Website: <a href="http://wvde.state.wv.us/osp/percdirectory.html">http://wvde.state.wv.us/osp/percdirectory.html</a></li> </ul>	<ul style="list-style-type: none"> <li>Links to local Parent Educator Resource Centers throughout West Virginia</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Families</li> <li>Community</li> </ul>
<p>Partnership for Drug Free Kids</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://drugfree.org/">https://drugfree.org/</a></li> <li>Call 1-855-378-4373</li> <li>TEXT 55753</li> </ul>	<ul style="list-style-type: none"> <li>Partnership for Drug-Free Kids: Providing support, guidance, and links to resources for families struggling with a child's substance use</li> </ul>	<ul style="list-style-type: none"> <li>Community and Families</li> </ul>

# Services and Resources

Resource	Format(s)	Description	Targeted Audience
Regional Youth Intervention: Prevent Suicide WV 	<ul style="list-style-type: none"> <li>Website: <a href="https://preventsuicidewv.org/regional-youth-intervention-specialist/">https://preventsuicidewv.org/regional-youth-intervention-specialist/</a></li> <li>Prevent Suicide WV/WV ASPEN 114 Washington Ave. Charleston, WV 25302</li> <li><a href="http://www.sprc.org/states/west-virginia">http://www.sprc.org/states/west-virginia</a></li> </ul>	<ul style="list-style-type: none"> <li>The RYIS will assist in implementing a collaborative and coordinated statewide prevention and intervention effort across the existing public and private service delivery system. Works as part of the over-arching WV Adolescent Suicide</li> <li>Prevention and Early Intervention Program (ASPEN)</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Providers</li> <li>Caregivers</li> <li>School</li> </ul>
Regional Youth Services Centers 	<ul style="list-style-type: none"> <li>Website: <a href="https://dhhr.wv.gov/bhhf/Sections/programs/ProgramsPartnerships/ChildandAdolescent/Documents/RYSC%20brochure_v2.pdf">https://dhhr.wv.gov/bhhf/Sections/programs/ProgramsPartnerships/ChildandAdolescent/Documents/RYSC%20brochure_v2.pdf</a></li> </ul>	<ul style="list-style-type: none"> <li>To provide early detection, treatment, and recovery support services for substance use disorders, mental health and co-occurring disorders for youth (12-17)/ Transitional Aged Youth (18-25)</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> </ul>
The Safe School Helpline 	<ul style="list-style-type: none"> <li>Website: <a href="http://www.schoolhelpline.com/services.htm">http://www.schoolhelpline.com/services.htm</a></li> <li>Call (866) 723-3982</li> </ul>	<ul style="list-style-type: none"> <li>The Safe School Helpline is available 24/7/365</li> <li>Tips are anonymous</li> <li>If your schools start using the Safe School Helpline® program, they will receive an implementation guide and orientation video to assist them with rolling the program out to their student and parent population. On-site training of administrators and staff is also available.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Students</li> <li>Family</li> <li>Community</li> <li>Parents</li> </ul>
Veterans Crisis Hotline	<ul style="list-style-type: none"> <li>Call (800) 273-8255</li> <li>PRESS 1</li> </ul>	<ul style="list-style-type: none"> <li>A Crisis Hotline for Veterans</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> </ul>
WV Autism Training Center 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.marshall.edu/atc/">https://www.marshall.edu/atc/</a></li> </ul>	<ul style="list-style-type: none"> <li>Provide support to individuals with autism spectrum disorders as they pursue a life of quality</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> <li>Family</li> <li>Community</li> </ul>

# Services and Resources

Resource	Format(s)	Description	Targeted Audience
<p>WV Expanded School Mental Health</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvesmh.org/">https://wvesmh.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Programs that build on core services typically provided by schools</li> <li>Tools and resources</li> <li>Prevention</li> <li>Early intervention and treatment</li> <li>Services all students</li> <li>Emphasizes shared responsibility between schools and community mental health providers</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Behavioral Health Professionals</li> <li>Families</li> <li>ESMH Grantees</li> </ul>
<p>WV Family Resource Network</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://wvfrn.org/">http://wvfrn.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Organizations that respond to the needs and opportunities of the community</li> <li>Develop innovative projects and provide needed resources in local areas</li> <li>Community Development</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> </ul>
<p>WV Imagination Library</p>	<ul style="list-style-type: none"> <li>Website: <a href="https://tinyurl.com/WVImaginationLibrary">https://tinyurl.com/WVImaginationLibrary</a></li> <li>To Check County Status or Enroll a Child: <a href="https://tinyurl.com/EnrollWVIL">https://tinyurl.com/EnrollWVIL</a></li> </ul>	<ul style="list-style-type: none"> <li>The WVDE and MU's June Harless Center, in partnership with Dolly Parton's Imagination Library, is fostering a love of books among West Virginia's children. Books are delivered to the home on a monthly basis at no cost to families.</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Families</li> <li>Community</li> </ul>
<p>WV PBIS</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://wvpbis.org/">http://wvpbis.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Positive Behavioral Interventions and Supports</li> <li>Training Materials</li> <li>Evaluation/Data</li> <li>County Resources</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
<p>WV RAPP</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.missionwv.org/rapp">https://www.missionwv.org/rapp</a></li> </ul>	<ul style="list-style-type: none"> <li>WV Relatives IAs Parents Program (WV RAPP). A Guide to Navigating Resources and Benefits for Relative/Kinship Caregivers in West Virginia.</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Caregivers</li> <li>Family</li> </ul>
<p>WV State Treasurer's Office</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvabile.com/">https://wvabile.com/</a></li> </ul>	<ul style="list-style-type: none"> <li>Offering ABLE Accounts to West Virginians with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> </ul>

# Services and Resources

Resource	Format(s)	Description	Targeted Audience
WVDHHR 	<ul style="list-style-type: none"> <li>Website: <a href="https://dhhr.wv.gov/Pages/default.aspx">https://dhhr.wv.gov/Pages/default.aspx</a></li> <li>Website: <a href="https://dhhr.wv.gov/bph/Pages/default.aspx">https://dhhr.wv.gov/bph/Pages/default.aspx</a></li> <li>Website: <a href="https://dhhr.wv.gov/bms/Pages/default.aspx">https://dhhr.wv.gov/bms/Pages/default.aspx</a></li> </ul>	<ul style="list-style-type: none"> <li>Department of Health &amp; Human Resources</li> <li>Bureau for Behavioral Health</li> <li>Bureau for Child Support Enforcement</li> <li>Bureau for Children and Families</li> <li>Bureau for Medical Services</li> <li>Bureau for Public Health</li> <li>Office of Inspector General</li> <li>West Virginia Children's Health Insurance Program (WV CHIP).</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> <li>Educators</li> </ul>
WVDHHR Bureau for Behavioral Health 	<ul style="list-style-type: none"> <li>Website: <a href="#">Home Page</a></li> <li>Website: <a href="#">Children, Youth and Families</a></li> <li>Website: <a href="#">Suicide Prevention</a></li> </ul>	<ul style="list-style-type: none"> <li>Bureau for Behavioral Health</li> <li>Office of Children, Youth and Families</li> <li>Suicide Prevention</li> </ul>	<ul style="list-style-type: none"> <li>Children</li> <li>Youth</li> <li>Families</li> </ul>

# West Virginia Resources

Resource	Format(s)	Description	Targeted Audience
ACES 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.wvaces.org/">https://www.wvaces.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>The ACES Coalition of West Virginia includes over 70 different organizations and individuals working together to improve the health and well-being of all West Virginians by reducing the impact of Adverse Childhood Experiences (ACEs) and preventing their occurrence.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Family</li> <li>Community</li> <li>Professionals</li> </ul>
Adolescent Health Initiative (WV) 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.wvdhhr.org/ahi/">https://www.wvdhhr.org/ahi/</a></li> <li>Website: <a href="https://www.wvdhhr.org/ahi/contactus.asp">https://www.wvdhhr.org/ahi/contactus.asp</a></li> </ul>	<ul style="list-style-type: none"> <li>Conceptual Framework for Adolescent Health</li> <li>Coordinator Contacts</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Educators</li> <li>Providers</li> </ul>
Body Safety Education Toolkit 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/leadership-system-support/body-safety-and-sexual-abuse-prevention-toolkit/">https://wvde.us/leadership-system-support/body-safety-and-sexual-abuse-prevention-toolkit/</a></li> </ul>	<ul style="list-style-type: none"> <li>Body Safety Education and Sexual Abuse Prevention for:               <ul style="list-style-type: none"> <li>Staff Training</li> <li>Student Education</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Students</li> </ul>
Common Ground 	<ul style="list-style-type: none"> <li>Website <a href="https://wvde.us/commonground/">https://wvde.us/commonground/</a></li> <li>MIC3: <a href="https://tinyurl.com/WV-MIC3">https://tinyurl.com/WV-MIC3</a></li> <li>Speaker Series: <a href="https://tinyurl.com/CommonGroundSpeakerSeries">https://tinyurl.com/CommonGroundSpeakerSeries</a></li> </ul>	<ul style="list-style-type: none"> <li>Educator Speaker Series- request military speakers at schools</li> <li>Military Family Resources</li> <li>Military Interstate Children's Compact Commission (MIC3) -</li> <li>ASVAB</li> <li>Military OneSource</li> <li>March2Success – provides online study program for standardized tests (ACT, SAT, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Students</li> <li>Families</li> <li>Military Families</li> </ul>
Communities In Schools 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/cis/">https://wvde.us/cis/</a></li> </ul>	<ul style="list-style-type: none"> <li>Communities In Schools (CIS) dropout prevention organization that helps kids stay in school and prepare for life by working inside school systems</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Educators</li> <li>Families</li> </ul>
Expanded School Mental Health 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvsmh.org/">https://wvsmh.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Programs that build on core services typically provided by schools</li> <li>Tools and resources</li> <li>Prevention</li> <li>Early intervention and treatment</li> <li>Services all students</li> <li>Emphasizes shared responsibility between schools and community mental health providers</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Behavioral Health Professionals</li> <li>Families</li> <li>ESMH Grantees</li> </ul>

# West Virginia Resources

Resource	Format(s)	Description	Targeted Audience
<p><b>Get Help Now!!</b></p> 	<ul style="list-style-type: none"> <li>Website: <i>Get Help Now - Crisis Hotlines by Topic</i></li> </ul>	<ul style="list-style-type: none"> <li>Veterans</li> <li>Suicide Prevention</li> <li>SAMHSA</li> <li>General Substance Abuse</li> <li>Runaway</li> <li>Abuse</li> <li>Domestic Violence</li> <li>Rape and Incest</li> <li>Gay and Lesbian</li> <li>HIV and AIDS</li> </ul>	<ul style="list-style-type: none"> <li>Veterans</li> <li>Students</li> <li>Families</li> <li>Community</li> <li>Educators</li> </ul>
<p>Great Rivers Regional System for Addiction Care</p> 	<ul style="list-style-type: none"> <li>Website: <i>Great Rivers Regional System for Addiction Care Resources</i></li> </ul>	<ul style="list-style-type: none"> <li>Community health education and prevention</li> <li>Harm Reduction</li> <li>Naloxone administration training</li> <li>Project Engage</li> <li>Provider Response Organization for Addiction Care and Treatment (PROACT) <a href="http://www.proactwv.org">www.proactwv.org</a></li> <li>Quick response teams</li> <li>Cabell County – Prescription Opioid and Heroin Awareness Toolkit</li> <li>Cabell County Toolkit</li> <li>Greenbrier County – Prescription and Heroin Awareness Toolkit</li> <li>Greenbrier County Toolkit</li> <li>Kanawha County – Prescription and Heroin Awareness Toolkit</li> <li>Kanawha County Toolkit</li> </ul>	
<p>Healthy Grandfamilies</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://healthygrandfamilies.com/about/">http://healthygrandfamilies.com/about/</a></li> </ul>	<ul style="list-style-type: none"> <li>Initiative by WVSU to provide information and resources to grandparents who are raising one or more grandchildren.</li> </ul>	<ul style="list-style-type: none"> <li>Grandparents</li> </ul>
<p>Help &amp; Hope WV</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://helpandhopewv.org/index.html">https://helpandhopewv.org/index.html</a></li> <li>Website: <a href="https://helpandhopewv.org/prevention-in-your-region.html">https://helpandhopewv.org/prevention-in-your-region.html</a></li> </ul>	<ul style="list-style-type: none"> <li>Teens &amp; Families</li> <li>HELP4WV</li> <li>Prescribers</li> <li>Opioid Overdose Prevention</li> <li>Links to Local Prevention Resources in your region</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> <li>Educators</li> <li>Providers</li> </ul>
<p>Help Me WV: State Agency Directory</p> 	<ul style="list-style-type: none"> <li>Website <a href="https://www.wv.gov/services/HelpMeWV/Pages/default.aspx">https://www.wv.gov/services/HelpMeWV/Pages/default.aspx</a></li> </ul>	<ul style="list-style-type: none"> <li>WV Center for Children’s Justice website has federal, state and local links to a variety of services available, depending on the need and location.</li> </ul>	<ul style="list-style-type: none"> <li>Anyone living a case</li> <li>Educators</li> <li>Parents</li> <li>Families</li> <li>Communities</li> </ul>

# West Virginia Resources

Resource	Format(s)	Description	Targeted Audience
Helping Traumatized Children Learn 	<ul style="list-style-type: none"> <li>Website: <a href="http://handlewithcarewv.org/book-study/mobile/index.html">http://handlewithcarewv.org/book-study/mobile/index.html</a></li> </ul>	<ul style="list-style-type: none"> <li>Handle With Care Book Study:</li> <li>Helping Traumatized Children Learn</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
LIVEWELL: WV School Health TAC 	<ul style="list-style-type: none"> <li>Website: <a href="https://livewell.marshall.edu/mutac/">https://livewell.marshall.edu/mutac/</a></li> <li>Website: <a href="https://livewell.marshall.edu/mutac/Docs/R-YSCContactSheet.pdf">https://livewell.marshall.edu/mutac/Docs/R-YSCContactSheet.pdf</a></li> </ul>	<ul style="list-style-type: none"> <li>WV School Health Technical Assistance Center: Regional Youth Service Center (R-YSC) Contact Sheet</li> <li>School Health Centers</li> <li>Mental Health</li> <li>WV Telehealth</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Family</li> <li>Community</li> </ul>
Mental Health First Aid 	<ul style="list-style-type: none"> <li>Contact Dianna Bailey-Miller at: <a href="mailto:baileymiller@marshall.edu">baileymiller@marshall.edu</a></li> </ul>	<ul style="list-style-type: none"> <li>Will coordinate Trainer(s) for Mental Health First Aid</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
National Suicide Prevention Lifeline 	<ul style="list-style-type: none"> <li>Website <a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.</li> </ul>	<ul style="list-style-type: none"> <li>Youth</li> <li>Loss Survivors</li> <li>Disaster Survivors</li> <li>LGBTQ+</li> <li>Native Americans</li> <li>Attempt Survivors</li> <li>Veterans</li> <li>Deaf, Hard of</li> <li>Hearing, Hearing Loss</li> </ul>
New River Health 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.newriverhealthwv.com/">https://www.newriverhealthwv.com/</a></li> </ul>		

# West Virginia Resources

Resource	Format(s)	Description	Targeted Audience
Parent Educator 	<ul style="list-style-type: none"> <li>Website: <a href="http://wvde.state.wv.us/osp/percdirectory.html">http://wvde.state.wv.us/osp/percdirectory.html</a></li> </ul>	<ul style="list-style-type: none"> <li>Links to local Parent Educator Resource Centers throughout West Virginia</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Families</li> <li>Community</li> </ul>
Prevent Suicide WV 	<ul style="list-style-type: none"> <li>Website: <a href="http://preventsuicidewv.org/">http://preventsuicidewv.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Assessment Protocols</li> <li>Evidence-Based Practices</li> <li>General Resources</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> <li>Family</li> <li>Students</li> </ul>
ReClaimWV 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/reclaimwv/">https://wvde.us/reclaimwv/</a></li> </ul>	<ul style="list-style-type: none"> <li>Awareness information, signs, symptoms related to trauma, substance abuse, &amp; mental health</li> <li>Substance abuse prevention &amp; intervention information with related WVBE Policies, Content Standards &amp; lessons</li> <li>Social-emotional mental health resources, strategies, related WVBE Policies, Content Standards, and lessons</li> <li>Resources, strategies, offered trainings, and links to services offered by WVDE partners</li> <li>Info and immediate help for crisis situations</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> <li>Educators</li> <li>Families</li> <li>Communities</li> </ul>
Safe Schools Toolkit 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/leadership-system-support/safe-schools-toolkit/">https://wvde.us/leadership-system-support/safe-schools-toolkit/</a></li> </ul>	<ul style="list-style-type: none"> <li>The WV Safe Schools Online Toolkit adheres to national best practices with information and resources compiled from a variety of vetted sources.</li> <li>Coordinates school safety and violence prevention</li> <li>Develops policies and strategies to promote safe schools in WV.</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Community</li> <li>Students</li> </ul>
Sort GRaCE 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.strengtheningrace.com/">https://www.strengtheningrace.com/</a></li> </ul>	<ul style="list-style-type: none"> <li>WV Recovery Coach Academy – promotes recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery.</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> <li>High School Students</li> </ul>
Stigma Free WV 	<ul style="list-style-type: none"> <li>Website: <a href="https://stigmafreewv.org/">https://stigmafreewv.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>WV Stigma Free – Language Matters</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> <li>Students</li> </ul>

# West Virginia Resources

Resource	Format(s)	Description	Targeted Audience
<p>To the Moon and Back</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://www.2themoonandback.org/">http://www.2themoonandback.org/</a></li> <li>Facebook: <a href="https://www.facebook.com/ToTheMoonWV/">https://www.facebook.com/ToTheMoonWV/</a></li> <li>Email: <a href="mailto:Cindy@2themoonandback.org">Cindy@2themoonandback.org</a></li> </ul>	<ul style="list-style-type: none"> <li>Provide caregiver and family support for those working/raising children born substance exposed and/or with Neonatal Abstinence Syndrome</li> <li>Monthly support group meeting (1st Monday of every month) in Raleigh/ Fayette County.</li> </ul>	<ul style="list-style-type: none"> <li>Families</li> <li>Professionals</li> <li>Educators</li> <li>Community</li> </ul>
<p>West Virginia Department of Education</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/">https://wvde.us/</a></li> </ul>	<ul style="list-style-type: none"> <li>School Calendars, Directories, and Policies</li> <li>Body Safety Toolkit</li> <li>Math4life</li> <li>Safe Schools</li> <li>College and Career Readiness</li> <li>Simulated Workplace</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Students</li> <li>Community</li> <li>Families</li> </ul>
<p>WV Autism Training Center</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.marshall.edu/atc/">https://www.marshall.edu/atc/</a></li> </ul>	<ul style="list-style-type: none"> <li>Provide support to individuals with autism spectrum disorders as they pursue a life of quality</li> </ul>	<ul style="list-style-type: none"> <li>Students</li> <li>Family</li> <li>Community</li> </ul>
<p>WV Center for Children's Justice: Handle with Care</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://handlewithcarewv.org/index.php">http://handlewithcarewv.org/index.php</a></li> </ul>	<ul style="list-style-type: none"> <li>A statewide trauma informed response to child maltreatment and children's exposure to violence including: <ul style="list-style-type: none"> <li>Handle With Care</li> <li>WV Children's Justice Task Force</li> <li>Drug Endangered Children</li> <li>Child Human Trafficking</li> <li>Recognizing/Responding to Child Abuse</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Students</li> <li>Providers</li> <li>Educators</li> <li>Community</li> <li>Parents</li> </ul>
<p>WV DHHR</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://dhhr.wv.gov/Pages/default.aspx">https://dhhr.wv.gov/Pages/default.aspx</a></li> <li>Website: <a href="https://dhhr.wv.gov/bph/Pages/default.aspx">https://dhhr.wv.gov/bph/Pages/default.aspx</a></li> <li>Website: <a href="https://dhhr.wv.gov/bms/Pages/default.aspx">https://dhhr.wv.gov/bms/Pages/default.aspx</a></li> </ul>	<ul style="list-style-type: none"> <li>Department of Health &amp; Human Resources <ul style="list-style-type: none"> <li>Bureau for Behavioral Health</li> <li>Bureau for Child Support Enforcement</li> <li>Bureau for Children and Families</li> <li>Bureau for Medical Services</li> <li>Bureau for Public Health</li> <li>Office of Inspector General</li> <li>West Virginia Children's Health Insurance Program (WV CHIP).</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> <li>Educators</li> </ul>

# West Virginia Resources

Resource	Format(s)	Description	Targeted Audience
<p>WV DHHR Bureau for Behavioral Health</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://dhhr.wv.gov/bhhf/Pages/default.aspx">https://dhhr.wv.gov/bhhf/Pages/default.aspx</a></li> <li>Website: <a href="https://tinyurl.com/WVBBHChildrenFamilies">https://tinyurl.com/WVBBHChildrenFamilies</a></li> <li>Website: <a href="https://dhhr.wv.gov/bhhf/resources/Pages/Suicide.aspx">https://dhhr.wv.gov/bhhf/resources/Pages/Suicide.aspx</a></li> </ul>	<ul style="list-style-type: none"> <li>Bureau for Behavioral Health</li> <li>Office of Children, Youth and Families</li> <li>Suicide Prevention</li> <li>Get Help Now!!</li> </ul>	<ul style="list-style-type: none"> <li>Children</li> <li>Youth</li> <li>Families</li> </ul>
<p>WV Family Resource Network</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://wvfrn.org/">http://wvfrn.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Organizations that respond to the needs and opportunities of the community</li> <li>Develop innovative projects and provide needed resources in local areas</li> <li>Community Development</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> </ul>
<p>WV Help: State Agency Directory</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.wv.gov/services/WVHelp/Pages/default.aspx">https://www.wv.gov/services/WVHelp/Pages/default.aspx</a></li> </ul>	<ul style="list-style-type: none"> <li>WV Center for Children's Justice website has federal, state and local links to a variety of services available, depending on the need and location.</li> </ul>	<ul style="list-style-type: none"> <li>Anyone working a case</li> </ul>
<p>WV Parent Training &amp; Information</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://www.wvpti-inc.org/">http://www.wvpti-inc.org/</a></li> </ul> <p>FAMILY VOICES<sup>®</sup> ... keeping families at the center of children's health care</p>	<ul style="list-style-type: none"> <li>WVPTI, Inc. is committed to empowering parents and families of children and youth with disabilities and special healthcare needs as advocates and partners in improving education, transition and healthcare outcomes for their children from birth to age 26.</li> </ul>	<ul style="list-style-type: none"> <li>Parents</li> <li>Families</li> <li>Youth</li> <li>Schools</li> <li>Community</li> </ul>
<p>WV PBIS</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://wvpbis.org/">http://wvpbis.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Positive Behavioral Interventions and Supports</li> <li>Training Materials</li> <li>Evaluation/Data</li> <li>County Resources</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> </ul>
<p>WV Prevention First: Regional Lead Organizations</p> 	<ul style="list-style-type: none"> <li>Website: <a href="https://www.preventionfirstwv.org/">https://www.preventionfirstwv.org/</a></li> </ul> 	<ul style="list-style-type: none"> <li>A proactive, comprehensive stance on the importance of substance abuse prevention throughout West Virginia.</li> <li>Six Regions throughout WV</li> <li>Follow the link to contact a Prevention Lead Organization to engage with prevention efforts in your region.</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> </ul>

# West Virginia Resources

Resource	Format(s)	Description	Targeted Audience
WV Prescription Drug Abuse Hotline  	<ul style="list-style-type: none"> <li>Phone: 1-866-WVQUIT (866) 987-8488</li> </ul>	<ul style="list-style-type: none"> <li>A telephone hotline for people struggling with prescription drug addiction launched by WVU</li> </ul>	<ul style="list-style-type: none"> <li>Families</li> <li>Community</li> </ul>
WV Primary Care Association  	<ul style="list-style-type: none"> <li>Website: <a href="https://www.wvpca.org/">https://www.wvpca.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>The West Virginia Primary Care Association (WVPCA) is a private, non-profit membership association that represents West Virginia safety-net health care providers.</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> <li>Schools</li> </ul>
WV School Counselors  	<ul style="list-style-type: none"> <li>Website: <a href="https://wvde.us/leadership-system-support/wv-school-counselors/">https://wvde.us/leadership-system-support/wv-school-counselors/</a></li> </ul>	<ul style="list-style-type: none"> <li>WV Department of Education link for Schools and School Counselors</li> <li>Comprehensive School Counseling Program (CSCP)</li> <li>Crisis Response Planning</li> <li>Resources</li> </ul>	<ul style="list-style-type: none"> <li>School Counselors</li> <li>School Administrators</li> </ul>
WV School Nurses  	<ul style="list-style-type: none"> <li>Website: <a href="https://wvasn.org/">https://wvasn.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>WV Association of School Nurses, Inc. is a specialty nursing organization devoted exclusively to</li> <li>meeting the needs of school nurses and the children that they serve.</li> </ul>	<ul style="list-style-type: none"> <li>School Nurses</li> <li>School Administrators</li> </ul>
WV School Psychologists' Association  	<ul style="list-style-type: none"> <li>Website: <a href="http://wvspa.org/">http://wvspa.org/</a></li> </ul>	<ul style="list-style-type: none"> <li>Encourages advocacy &amp; leadership to promote &amp; enrich the competencies of school psychologists for the state of WV in order to promote the academic, social, and emotional well-being of children throughout the state.</li> </ul>	<ul style="list-style-type: none"> <li>School Psychologists</li> <li>School Administrators</li> </ul>
WV State Treasurer's Office:    WVABLE	<ul style="list-style-type: none"> <li>Website: <a href="https://wvabile.com/">https://wvabile.com/</a></li> </ul>	<ul style="list-style-type: none"> <li>Offering ABLE Accounts to West Virginians with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>Community</li> <li>Families</li> </ul>
WV Suicide Prevention Resource Center  	<ul style="list-style-type: none"> <li>Website <a href="http://www.sprc.org/states/west-virginia">http://www.sprc.org/states/west-virginia</a></li> <li>Barri Faucett, MA Director 1-304-415-5787 <a href="mailto:Barri-Faucett@prestera.org">Barri-Faucett@prestera.org</a></li> </ul>	<ul style="list-style-type: none"> <li>Prevent Suicide WV</li> <li>Adolescent Suicide Prevention and Early Intervention Project (ASPEN)</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Students</li> <li>Families</li> <li>Communities</li> </ul>

# West Virginia Resources

Resource	Format(s)	Description	Targeted Audience
<p>WVSADD</p> 	<ul style="list-style-type: none"> <li>Website: <a href="http://wvsadd.org/">http://wvsadd.org/</a></li> <li>Call (304) 913-4956</li> </ul>	<ul style="list-style-type: none"> <li>Students Against Destructive Decisions: Strategic Prevention Framework</li> <li>Peer-to-Peer Education</li> <li>Leadership</li> <li>Development</li> </ul>	<ul style="list-style-type: none"> <li>High School Students</li> </ul>
<p>2019-2020 Directory of SBHCS in WV</p>  	<ul style="list-style-type: none"> <li>Website: <a href="https://tinyurl.com/SBMHDirectory">https://tinyurl.com/SBMHDirectory</a></li> <li>Website: MU WV/SH/TAC <a href="https://livewell.marshall.edu/mutac/">https://livewell.marshall.edu/mutac/</a></li> </ul>	<ul style="list-style-type: none"> <li>2019 - 2020 Directory of School-Based Health Center Services in West Virginia</li> <li>Listing of varying school-based health services in WV</li> <li>SBHCS are in order by county, and information includes the sponsoring agency, contact information, schools and grades served, services provided and hours of operation</li> <li>Produced by the MU School-Health Technical Assistance Center</li> </ul>	<ul style="list-style-type: none"> <li>Educators</li> <li>Families</li> <li>Community</li> </ul>



**For more information, visit our website at**

*<https://wvde.us/student-support-well-being/>*

**or please contact**

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Stephanie Hayes, School Counseling Coordinator • *[stephanie.hayes@k12.wv.us](mailto:stephanie.hayes@k12.wv.us)*

Kelly Mordecki, School Mental Health Coordinator • *[kmordecki@k12.wv.us](mailto:kmordecki@k12.wv.us)*

*Links to resources outside the West Virginia Department of Education's website do not constitute an endorsement by the WVDE. Users should vet linked resources to meet audience needs.*



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