



## 2022-2023 Three-Credit Hour Course: All About Addiction

- ▶ **Audience:** Teachers and Administrators who hold or have held WV Professional Teacher Certification
- ▶ **Type:** Self-Paced One-Credit Hour Module
- ▶ **Duration:** Available from June 1, 2022-September 1, 2022 with rolling enrollment
- ▶ **Number of Non-Degree Graduate Credits:** One

**Description:** Those who are working or have worked in the school system know the devastating effects of addiction on our students and their families. Adolescents, as a part of their growth and development, are curious about and sometimes drawn to risky behaviors. It is important that educators learn the facts about high-risk behaviors and understand the biology and sociology of addiction so they can assist students as they navigate through these dangers in their maturation from children to adults. Prevention is always preferable, and after that treatment, support, and education. During this course, All About Addiction Opioids and Addiction Substances, participants will learn and discuss the facts and statistics around high-risk behaviors and substance abuse and the results of these behaviors, as well as testing, treatment, and prevention. Participants will search and examine programs to be used in the school system to help prevent and educate students about drug abuse.

### Course Goals:

- ▶ Discuss high-risk behaviors associated with adolescents.
- ▶ Research and reference national surveys of students and how they gauge the status of youth risk behaviors.
- ▶ Identify external and internal risk factors leading adolescents to engage in high-risk behaviors.
- ▶ Determine the factors that are more likely or less likely to lead adolescents to engage in high-risk behaviors.
- ▶ Determine how risky behaviors associated with alcohol, tobacco, and e-cigarettes are being addressed.
- ▶ Evaluate national substance abuse programs available to K-12 students and/ or the workplace.
- ▶ Identify resources to use in our schools and workplaces.
- ▶ Identify and explain the differences between the different hepatitis viruses.
- ▶ Name symptoms, causes, treatments, and implications of the different hepatitis viruses.
- ▶ Identify the different categories of drugs and the risks associated with their use.
- ▶ Determine how risky behaviors associated with drug misuse can be addressed.
- ▶ Evaluate programs and resources used in schools and workplaces.
- ▶ Locate and review drug testing policies set by county boards of education or workplace locations.
- ▶ Identify and review drug misuse and addiction-prevention programs.



## Session Overviews

▶ **Session 1 – Introduction to High-Risk Behaviors Relating to Substance Abuse**

*During Session One, participants will research and reflect upon high-risk behaviors associated with adolescents.*

▶ **Session 2 – Risk Factors**

*In Session 2, participants will identify external and internal risk factors leading adolescents to engage in high-risk behaviors and determine the factors that are more likely or less likely to lead adolescents to engage in high-risk behaviors.*

▶ **Session 3 – Alcohol, Tobacco, and E-Cigarettes**

*During Session 3, participants will determine how risky behaviors associated with alcohol, tobacco, and e-cigarettes are being addressed. National substance abuse programs available to K-12 students will be evaluated.*

▶ **Session 4 – Hepatitis**

*In Session 4, participants will identify the differences, causes, symptoms, and treatments of the different types of hepatitis viruses*

▶ **Session 5 – Drug Use**

*During Session 5, participants will identify different categories of drugs and determine how risky behaviors associated with drug use can be addressed. Programs used in schools and the workplace will be evaluated.*

▶ **Session 6 – Testing/Prevention**

*In Session 6, participants will locate and review drug testing policies set by county boards of education and identify addition prevention programs.*

## Course Grades

All grades in the course gradebook must be a checkmark for successful course completion. A checkmark indicates that all work has been completed and the work meets the expectations for that assignment. Quiz scores must meet the minimum expectations as stated in the course.

