



GOVERNMENT AND PUBLIC ADMINISTRATION CLUSTER

LESSON 5

Lesson Plan Title: Giving Directions and Speed		Instructor:
Suggested Total Time for Lesson (minutes): 45 minutes (1 day)		
Content Focus - What Will Students Learn? (Content Skill Sets)		
<p>Giving Directions, Communications</p> <p>0972.GO.1070.1 Describe the key components of group dynamics and their effect on team success</p> <p>0972.GO.1070.2 Analyze how effective work teams' function and methods available for group leaders to develop an effective team</p> <p>0972.GO.1070.3 Examine communication problems and solutions for work teams and evaluate barriers to effective collaboration, including conflict resolution techniques.</p> <p>0972.GO.1070.4 Understand the basics of communication, including the importance of two-way communication (sending and receiving) and how to share information with team members and superiors</p> <p>0972.GO.1070.5 Explain the need for leaders to issue clear, concise, and unambiguous directives</p> <p>0972.GO.1070.6 Understand effective relationships with others in order to motivate and lead</p> <p>0972.GO.1070.7 Apply good critical thinking skills and examine different approaches to making decisions</p>		
Materials and Resources- What do you need to assemble and prepare before the lesson?		
Materials:		Resources:
<ul style="list-style-type: none"> • Corn Hole Board • Hula Hoop 		
Lesson Outline: What learning activities will your students do?		
Time	Sequence/Description of Learning Activity	
10 minutes	<p>Get Started/Explain:</p> <p>2 Stations will be set up in the area. The class will be divided into teams of 6. Each station will have a cadet to record the reflections. You must hand the clipboard to the cadet then they will explain the station. You are given 7 minutes at each station. You do not have to attempt stations in any specific order. When the whistle blows, you will go to another station with your team.</p>	
25 minutes	<p>Discover/Engage/Practice:</p> <ul style="list-style-type: none"> • Station 1 – Corn Hole Team will play a game of cornhole. Each team member gets 1 chance to put the bag in the hole. 15 seconds will be deducted from your time for each successful toss. The event is timed given 7 minutes on the scoreboard deduct 15 seconds for each successful toss. 2 teams compete • Station 2 - Hula Hoops – The team holds hands and the hoop is but between 2 participants. The hula hoop must travel around the circle without hands breaking apart. Time stops after the hoop makes it all the way around the circle. 	
10 minutes	<p>Check for Understanding/Summarize/Close:</p> <ul style="list-style-type: none"> • Reflections are answered at each station. • Example: Was the team leader doing a good job? What was the most difficult part? • Report at end of class what you found. 	
Modifications, Support, and Extensions (for those students with IEP)		
Reflection- Did the students learn the content outlined in the lesson focus? Why or why not?		