West Virginia Guideposts to Graduation
Secondary Transition Assessment
Resource Bank

The Secondary Transition Assessment Resource Bank (Resource Bank) is a product of the West Virginia Department of Education Guideposts to Graduation (WVGtG) Team. The purpose of this resource bank is to provide information and resources to Local Education Agencies (LEAs) across the state of West Virginia related to secondary transition assessments.

The assessments included in this resource bank are organized into four main categories:
- » Interest/Career Assessments
- » Self-Determination Assessments
- » Student Preference Assessments
- » Independent Living Assessments

Interest and Career Assessments are used to help identify careers that meet students' interests. Interest assessments ask a series of questions about what the student likes and dislikes to do. The survey matches likes and dislikes to career options.

Self-Determination Assessments are assessments that help students to identify their strengths and needs to enable them to set goals and advocate for themselves. The skills leading to enhanced self-determination, like goal setting, problem solving, and decision making, enable students to assume greater responsibility and control.

Student Preference Assessments are tools to assist professionals, individuals with disabilities, their families, and potential employers in determining a range of basic supports necessary in order to become or remain employed. Using student preferences is a personal approach to making any changes or choices involving the student's decisions about their life.

Independent Living Assessments are used to assist school staff, students, and family members in making an inventory of a student's skill level in several common everyday life areas. These areas include household chores, personal care, common community errands, and personal growth and community participation.

The assessments in the Resource Bank include the assessment name with a direct link to the resource, author, a brief description, the appropriate age band for the assessment, and the cost. The estimated time it takes to complete the assessment and approximate reading level are included, if applicable or publicly available. The Table of Contents is hyperlinked to the page of this document with the aligned resources for easy navigation.

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Secondary Transition Assessment Resources

INTERESTS/CAREER ASSESSMENTS

Career Clueless

Author: Champlain Valley Educational Services

Description: An inventory of student interests to support finding a career path – students circle and total activities of interest in 6 categories to find their 3 letter "career code." Each inventory takes about 20 minutes to administer.

Age Band: Middle School

Cost: Free

CareerConnect-For Job Seekers Who are Visually Impaired

Author: American Printing House for the Blind

Description: CareerConnect™ is a free employment planning resource for persons who are blind or visually impaired. Sponsored by the American Federation for the Blind (AFB), the program helps these individuals learn about the range and diversity of occupations available in the labor market. It also provides mentors and information about assistive technology that can help them do the work. This practical, user-friendly resource incorporates O*NET data to supply essential information for career exploration and to expand the universe of jobs for persons with visual impairments.

Age Group: Ages 14-21; Blind/Visually Impaired

Cost: Free

Career Exploration Inventory EZ

Author: John Liptak, Ed.D.

Description: With the Career Exploration Inventory EZ (CEI-EZ), individuals reflect on 96 activities and consider their past, present, and future interest in them. Scores connect to 16 career interest areas based on the U.S. Department of Education career clusters. Related jobs, education and training options, and leisure activities are listed for each interest area. Additional information helps students, job seekers, and others focus on their top interest areas as they ponder their future plans. The reading level ranges from 8.6 and the Flesch Reading Ease score was 57.5 and takes about 20-25 minutes to complete.

Age Band: Middle and High School

Cost: $64.95 for one package of 25 instruments. 10 packages for $619.50 *(subject to change)*

Career Goal/Job Matching Tool

Author: Maryland Coalition for Inclusive Education

Description: The Career Goal/Job Matching Tool assists students to identify careers of interest. Students explore a variety of careers using O'Net and the online Occupational Handbook. A chart and guiding questions are provided for students to compare future career wants/likes and needs with job requirements. Students use the data collected to identify a match with careers of interest and personal career goals. The time to administer the assessment ranges from 30 to 60 minutes.

Age Band: Ages 14-16

Cost: Free

Casey Life Skills Toolkit

Author: Casey Family Programs

Description: This is a tool that assesses the behaviors and competencies young adults need to achieve their long-term goals. It aims to set youth on their way toward developing healthy, productive lives. This allows them to complete a self-evaluation on various topics like healthy relationships, work/study habits, planning/goal setting, using community resources, daily living activities, computer literacy and adult connections.

Age Band: 14-21

Cost: Free

College for West Virginia - Learn About Yourself

Author: College for West Virginia

Description: The College for West Virginia Learn About Yourself resources require an account and login. This site helps students to explore who they are and matches them with careers by using one or all the assessments on the site.

Age Band: Middle and High School

Cost: Free

Explore Careers at a Glance: Career One Stop

Author: United States Department of Labor

Description: The Explore Careers at a Glance is an online tool that provides 3 assessments in one. It allows users to explore careers, identify job trends for those careers, and research careers by state. Students can match their skills to jobs by taking the "Skills Matcher" assessment. The Skills Matcher helps the user create a list of skills and matches them to possible job types.

Interest Assessment: Students answer 30 quick questions online and then receive a list of careers that might be a good fit for their interests.

Skills Matcher: Students use the Skills Matcher to create a list of skills and match them to careers that use those skills. It assesses both technical skills and soft skills. Both types are essential for success. There are 40 multiple choice questions. It takes approximately 20 minutes to complete.

Work Values Matcher: This assessment assists students clarify values to match with careers. Students drag and drop 20 value cards into a graphic organizer based on the level of importance. Results will match values to careers/jobs. The assessment is on an 8th grade reading level and takes about 5 to 20 minutes to administer.

Age Band: Ages 14-18

Cost: Free

Job Observation Form

Author: Maryland Coalition for Inclusive Education

Description: The Job Observation form is a tool for educators to use to observe a student at a worksite to assess a student's independence and need for assistance. The time to administer this assessment ranges from 30 minutes to half-day.

Age Band: Ages 16-21

Cost: Free

My Plan Career Values Assessment

Author: MyPlan.com, LLC

Description: The Values Test can help you learn more about your underlying work needs and motivations and can help you decide what is important to you in a job. The test does this by asking you to rank different aspects of work that represent six underlying work values. Knowing your work values can help you decide what kinds of jobs and careers you might want to explore. Once you complete the test, you will get scores for each of six work values clusters. These scores show how important each work value is to you. In addition to your cluster scores, you will be presented with a list of 739 occupations that are rank ordered according to how well they match your personal work values. The more a job agrees with your work values, the more likely you are to be satisfied in that job.

Age Band: Middle and High School

Time: 12 minutes

Cost: Free

O'Net Interest Profiler

Author: U.S. Department of Labor

Description: The O*NET Interest Profiler is a self-assessment career exploration tool that can help students discover the type of work activities and occupations that they would like and find exciting. Students identify and learn about broad interest areas most relevant to themselves. They can use their results to explore the world of work. The self-assessment is written on a 6th grade reading level and takes approximately 20 minutes to complete.

Age Band: Middle and High School

Cost: Free

O'Net Soft Skills Search

Author: U.S. Department of Labor

Description: Soft Skills Custom List Search is designed to help students use their skill set to identify occupations for exploration. Students will select a set of skills from six broad groups of skills to create their customized skill list. The selected skills are compared to skills ratings for each occupation. If a selected skill is rated "Important" for a particular occupation, it is considered a match. Occupations matching all the selected skills are shown first. The assessment is at a 6th grade reading level and takes around 20 minutes to administer.

Age Band: Middle and High School

Cost: Free

Pictorial Interest Inventory-PD

Author: Champlain Valley Educational Services (CVES)

Description: This inventory helps the student make career choices by choosing a picture that shows the task the student likes most. Using the principles of UDL, information is presented with a picture choice to provide equity for students who benefit from a different format of representation. There are eight types of entry-level or minimal training jobs represented (Automotive, Clerical, Food Services, Custodial/Housekeeping, Landscaping/Building Trades, Materials & Handling, Caring for Others, Retail).

Age Band: Middle and High School

Cost: Free

Student Dream Sheet

Author: National Secondary Transition Technical Assessment Center

Description: The Student Dream Sheet is a two-page survey which allows students, educators, families, and/or transition coordinators to participate in a guided interview with the student about the student's vision for the future. This tool could be used when discussing future planning with the student for IEP and transition planning purposes. The time to administer this assessment varies from 30 to 60 minutes.

Age Band: Ages 14-21

Cost: Free

The Armed Services Vocational Aptitude Battery (ASVAB)

Author: US Department of Defense

Description: The Armed Services Vocational Aptitude Battery (ASVAB) a timed multi-aptitude test, which is given at over 14,000 schools and Military Entrance Processing Stations (MEPS) nationwide and is developed and maintained by the Department of Defense. The assessment takes around 90 minutes. This assessment identifies skills in 8 academic and vocational areas and is on a 9th grade reading level. Practice tests are also available online.

Age Band: Ages 16-adult

Cost: Free to take the assessment; prep courses are available for a fee

The Discover Guide

Author: Northern Arizona University

Description: The Discover Guide provides teachers with an interactive resource to use with middle school students to explore their interests, passions, abilities, and influences. From there, students will learn about careers that fit their lifestyle and personality—and how to get there. The Discover Guide also helps students develop an Education and Career Action Plan (ECAP) by the time they reach 8th grade. You must register to use this guide.

Age Band: Middle School

Cost: Free

Job Characteristics I Like Worksheet

Author: University of Colorado

Description: Students describe characteristics for several different jobs and identify their own preferred work characteristics. This can be done as an individual, group, or class activity. Print out the worksheets for students to complete by paper/pencil. Students will: discuss what it means to have work experiences; identify job characteristics that are important to them; and discuss the ideas of work characteristics and personal job satisfaction. The assessment is on the 9th grade reading level and takes about 90 minutes to administer.

Age Band: Grades 7-10

Cost: Free

Job Shadowing Reflection

Author: Indiana Institute on Disability and Community

Description: This authentic assessment can be used to gather follow up reflections from students who have participated in a job shadowing experience

Age Band: Grades 6-12

Cost: Free

The Princeton Review Career Quiz

Author: The Princeton Review

Description: The Princeton Review Career Quiz identifies strengths and weaknesses toward career abilities and suggests careers that align with quiz results. This short 24 question quiz is completed online. The assessment takes less than 10 minutes after an account is created.

Age Band: Ages 14-18

Cost: Free

Transition to Work Inventory (TWI) 3rd Edition

Author: John J. Liptak, Ed.D.

Description: This easy-to-use assessment is designed for individuals with little or no work experience and can help them identify their job options and make career transitions more effective and rewarding. Individuals review a list of 96 non-work activities and rate how much they like each one. Simple self-scoring allows them to connect their answers to the 16 career clusters, which then lead to a list of related jobs, self-employment options, and paths for education and training. The assessment is on a 7th grade reading level and takes about 25 minutes to administer.

Age Band: High school through adult

Cost: $69.95/package of 25

Washington Career Bridge

Author: Workforce Training and Education Coordinating Board, Washington State

Description: The Washington Career Bridge is an online assessment with 3 components. The first component helps the student identify areas of interests, likes/dislikes, and personal traits and then generates a list of career clusters based on the responses. Choosing career clusters takes you to a selection of careers and a good deal of information about each career. Students can take the "Explore Careers" quiz and view job trends online. The third component is specific to Washington state. The assessment is on a 6th grade reading level.

Age Band: Middle and High School

Cost: Free

Who R U?

Author: Virginia Career Vital Information for Education and Work (VIEW)

Description: "Who R U?" is an online career interest inventory. Students check off and then total items they identify as being of interest to them in 16 areas. Students identify top areas to get a career code. Students can also visit the Virginia Career View website to explore career cluster occupations and/or watch videos. This assessment must be done online and takes 30 minutes to administer.

Age Band: Middle and High School

Cost: Free

Work Readiness Inventory

Author: Robert Brady, Ed.D.

Description: The Work Readiness Inventory is a brief self-report survey designed to assess six aspects of readiness: Responsibility, Flexibility, Skills, Communication, Self-View, and Health & Safety. Students complete a checklist/rating scale. Self-scoring and self-interpreting, the assessment comes with a worksheet for improving one's work-readiness and takes approximately 15 minutes to complete and score. Ideal as an intake assessment or as a pre-test/post-test.

Age Band: High School to Adult

Cost: $61.95 for a package of 25 inventories. 10 packages for $589.50 *(subject to change)*

SELF-DETERMINATION ASSESSMENTS

Air Self-Determination Scale

Author: Zarrow Institute on Transition and Self-Determination

Description: The AIR Self-Determination Scales offer assessment surveys for students, educators, and families that will produce a profile of the student's level of self-determination, identify areas of strength and areas needing improvement, and help set specific educational goals that can be incorporated into the student's IEP. The American Institutes for Research (AIR), in collaboration with Teachers College, Columbia University in New York City, developed the student, family, and educator versions of the AIR Self-Determination Assessments with funding from the Office of Special Education Programs. The assessments take 45-60 minutes to administer.

Age Band: Middle and High School

Cost: Free

ARC Self-Determination Scale

Author: Zarrow Institute on Transition and Self-Determination

Description: The ARC Self-Determination Scale to: (a) assess the self-determination strengths and weaknesses of adolescents with disabilities; (b) facilitate student involvement in educational planning and instruction to promote self-determination as an educational outcome; (c) develop self-determination goals and objectives; and (d) assess student self-determination skills for research purposes.

Age Band: Middle and High School

Cost: Free

ChoiceMaker Self-Determination Assessment

Author: Zarrow Institute on Transition and Self-Determination

Description: The ChoiceMaker Self-Determination Assessment is a curriculum-referenced tool that measures students' self-determination skills and progress in the ChoiceMaker Self-Determination Curriculum. Educators use the ChoiceMaker Self-Determination Assessment to assess middle and high school students with mild to moderate disabilities self-determination skills and opportunities at school to exercise these skills across three areas: (a) choosing educational, vocational, and personal goals; (b) students' involvement in their IEP meetings; and (c) students' attainment of IEP goals. This includes developing a plan, implementing the plan, self-evaluation of plan progress, and adjusting any of the plan parts.

Age Band: Middle and High School

Cost: Free

Transition Assessment and Goal Generator (TAGG)

Author: Zarrow Institute on Transition and Self-Determination

Description: The TAGG measures the non-academic behaviors associated with post-school education and employment of high school students with mild to moderate disabilities. It is an on-line transition assessment for secondary-aged youth with disabilities, their families, and professionals. TAGG items derive from research identified student behaviors associated with post high school employment and education. The TAGG provides a norm-based graphic profile, present level of performance statement, lists of strengths and needs, and suggested IEP annual transition goals. Numerous studies demonstrated that the TAGG produces valid and reliable results. A login is required.

Age Band: Middle and High School

Cost: The TAGG costs $3.00 for each set (one TAGG-Professional, one TAGG-Student, and one TAGG-Family version) per annual administration.

STUDENT PREFERENCE ASSESSMENTS

Child Preference Indicator

Author: The Center for Learning and Leadership at the OU Health Sciences Center

Description: The purpose of this guide is to assist professionals in acquiring a family's expertise about their child and to assist families in giving that expertise to professionals. The items listed are cues to assist with conversation topics when assessing the individual's preferences and takes around 45 minutes to administer.

Age Band: 14-21 years old

Cost: Free

Personal Preference Indicator (Significant Cognitive Disabilities)

Author: The Center for Learning and Leadership at the OU Health Sciences Center

Description: The purpose of this guide is to assist in planning with and for a person with a developmental disability. This guide assists with accessing information about an individual's preferences. The items listed are cues to assist with conversation topics when assessing the individual's preferences. The assessment takes around 45 minutes to administer.

Age Band: 14-21 years old

Cost: Free

The Employment Support Indicators

Author: Zarrow Institute on Transition and Self-Determination

Description: This guide is designed to assist professionals, individuals with disabilities, students and their families, and potential employers in determining a range of basic supports which may be necessary in order to become or remain employed. The assessment takes around 45 minutes to administer.

Age Band: 14-21 years old

Cost: Free

INDEPENDENT LIVING ASSESSMENTS

Adolescent Autonomy Checklist

Description: This 105-item checklist from the Oregon Health and Science University rates the student's ability to complete independent living skills and identifies areas in need of additional instruction.

Age Band: 14-21 years old

Cost: Free

Casey Life Skills Toolkit

Author: Jim Casey

Description: Developed by Casey Family Programs, the Casey Life Skills Transition Tool is a free practice tool and framework for working with youth in foster care. It is available in youth and caregiver formats and is used to assess independent living skills. It provides different levels of questions for students across functioning levels (Level 1 Basic Skills – Level 4 Complex Skills) in the areas of daily living, self-care, relationships and communication, housing and money management, work and study life, career and education planning, and future planning. The assessments take about 45 minutes to administer. The Casey Life Skills Transition Tool is offered in English, Spanish and French.

Age Band: 14-21 years old

Cost: Free

Employability and Life Skills Assessment Format for Families

Author: Robert Weaver & Joseph R. DeLuca

Description: ELSA data is generated by thinking about the youth's performance in a variety of environments, from a variety of perspectives. This type of performance data, gained through observation and interaction with the youth, is not easily quantified across the viewpoints of multiple raters. ELSA is a tool that bridges those variables and transforms the opinions and viewpoints of the raters into authentic data that can be used in transition assessment, baseline data for IEP goals, plans for improvement in areas the family wishes to work on and maintain, and in official agency processes and documents.

Age Band: 14-21

Cost: Free

[Life Skills Inventory Independent Living Skills Assessment](#)

Author: Washington State Department of Social and Health Services

Description: This tool assesses a student's skills in 15 areas of independent living. Students are rated as basic, intermediate, advanced, or exceptional in each area. This assessment may be given over time to see progress or broken down with age-appropriate skills and takes around 45 minutes to administer.

Age Band: 14-21 years old

Cost: Free

[Planning for Community Living Worksheet](#)

Author: Indiana Institute on Disability and Community

Description: This checklist assesses a student's abilities on 20 aspects of Independent Living. The student checks if they can do each task on their own, with support from their family or if they need community services assistance. The checklist takes around 30 minutes to administer.

Age Band: 14-21 years old

Cost: Free